

# Oral Health Fact Sheet for Medical Professionals

## Children with Congenital Cardiac Disorders

*Congenital cardiac disorders are imperfections or malformations of the heart existing at, and usually before, birth regardless of their causation (ICD9 code 746.9)*

### Oral Manifestations and Considerations

#### Oral

- Infective endocarditis risk from dental treatment
- Post-operative bleeding risk in patients with anti-coagulated status following surgical procedures
- May have oral manifestations caused by co-occurring disorders

#### Other Potential Disorders/Concerns

- Depression/Anxiety
- Genetic and syndromic conditions (~11%) such as Down, Turner, Marfan and Ehler Danlos syndromes; osteogenesis imperfecta
- Asthma
- Intellectual disabilities
- Esophageal atresia

### Oral Side Effects of Commonly Prescribed Medications

#### Medication

MEDICATION	SIDE EFFECTS
<i>Diuretics (Furosemide)</i>	Xerostomia. Do not use with aspirin.
<i>ACE inhibitors (Captopril)</i>	Xerostomia, dysgeusia. Do not use with aspirin.
<i>Digoxin</i>	Use caution with antibiotics (erythromycin, tetracycline). Consult cardiologist
<i>Anti-coagulants</i>	Obtain current INR prior to surgical procedures and extractions. Consult with cardiologist to determine if appropriate to pause anti-coagulant therapy or proceed

### General Guidelines dentists follow for prescribing Antibiotic Prophylaxis are included below

- Administer a single dose of antibiotic regimen 30-60 minutes before dental procedure.
- Dosage may also be administered up to two hours after procedure if not administered before only in cases when antibiotics are inadvertently not administered.
- Amoxicillin is preferred oral therapy (50 mg/kg). If allergic, consider use of Clindamycin (20 mg/kg), Cephalexin (50 mg/kg), or Azithromycin/Clarithromycin (15 mg/kg).
- Antibiotic prophylaxis recommended for following conditions:
  - \* High Risk includes prosthetic cardiac valves, previous infective endocarditis, and congenital heart disease (unrepaired cyanotic CHD, including shunts and conduits, completely repaired cardiac defect with prosthetic material or device-for 1st 6 months following surgery, repaired CHD with residual defects at the site or adjacent to the site of a prosthetic patch or device), cardiac transplant patients who develop valvulopathy)

**NOTE:** Except for the conditions listed above, antibiotic prophylaxis is no longer recommended for any other form of CHD. If a child has been previously pre-medicated, consult with the medical provider of record.

## Children with Congenital Cardiac Disorders continued

- Antibiotic prophylaxis recommended for following dental procedures:
  - \* Dental extractions, periodontal procedures, endodontic surgery beyond the apex, dental implant placement and reimplantation of avulsed teeth, initial placement of orthodontic bands, local anesthetic injections, and prophylactic teeth cleaning where bleeding is anticipated
- Antibiotic prophylaxis is NOT recommended for the following dental procedures:
  - \* Routine anesthetic injections through non-infected tissue, taking dental radiographs, placement of removable prosthodontic or orthodontic appliances, adjustment of orthodontic appliances, placement of orthodontic brackets, shedding of primary teeth, and bleeding from trauma to the lips or oral mucosa

### Parent/Caregiver Support and Guidance

- Discourage consumption of cariogenic foods and beverages.
- Prescribe sugar-free medications, if available.
- Recommend preventive measures such as topical fluoride and sealants.
- Advise the use of fluoridated toothpaste twice daily and support the family in following dental care instructions.
- Instruct caregiver on appropriate protocol following dental trauma (locate/preserve missing tooth and put in cold milk; seek immediate professional care).
- Review safety issues appropriate to the age of the child, such as mouth guards to prevent oral-facial trauma.
- Recommend rinsing with water thoroughly after taking each dose of sugar containing medication and frequent water intake for patients taking xerostomic medication.
- Discuss habits that may harm the child's teeth, such as propping baby bottles, putting child to bed with bottle.
- Refer to dentist any oral developmental abnormalities.

**Additional information:** [Special Needs Fact Sheets for Providers and Caregivers](#)

# Children with Congenital Cardiac Disorders continued

## References

- Wilson, W., Taubert, K.A., Gewitz, M., Lockhart, P.B., Baddour, L.M., Levison, M., Bolger, A., Cabell, C., Takahashi, M., Baltimore, R.S., Newburger, J.W., Strom, B.L., Tani, L.Y., Gerber, M., Bonow, R.O., Pallasch, T., Shulman, S.T., Rowley, A.H., Burns, J., C. Ferrieri, P., Gardner, T., Goff, D., Durack, D. T.(2008) Prevention of Infective Endocarditis: Guidelines from the American Heart Association: A guideline from the American Heart Association Rheumatic Fever, Endocarditis and Kawasaki Disease Committee, Council on Cardiovascular Disease in the Young, and the Council on Clinical Cardiology, Council on Cardiovascular Surgery and Anesthesia, and Quality of Care and Outcomes Research Interdisciplinary Working Group. *J Am Dent Assoc*, 139: 3S-24S
- Tasioula, V., Balmer, R., Parsons, J. (2008) Dental Health and Treatment in a Group of Children with Congenital Heart Disease. *J Pediatr Dent*, 30(4): 323-328.
- Jiménez Y, Poveda R, Gavaldá C, Margaix M, Sarrión G (2008) An update on the management of anticoagulated patients programmed for dental extractions and surgery. *Med Oral Patol Oral Cir Bucal*. Mar 1;13(3):E176-9.

## Additional Resources

- [NIH Institute for Congenital Cardiac Disorders](#)
- [Special Care: an Oral Health Professionals Guide to Serving Young Children with Special Health Care Needs](#)
- [Bright Futures Oral Health Pocket Guide](#)
- [American Academy of Pediatrics Oral Health Initiative](#)
- [American Academy of Pediatric Dentistry: 2011–2012 Definitions, Oral Health Policies and Clinical Guidelines](#)
- [MCH Resource Center](#)
- [ASTDD-Special Needs](#)
- [Block Oral Disease, MA](#)
- [NOHIC-NIDCR publications](#)