

### **Information**

Many patients tolerate dental treatment well with little need for support during care. Some patients, however, have a difficult time staying still for dental appointments. This can happen for a variety of reasons, including medical conditions and disabilities. Dental instruments are often sharp and used close to a person's mouth, eyes, ears and other sensitive parts of the head and neck. It is very important that a patient have the support they need to stay still for dental appointments. When patients have difficulty keeping their body, head, or mouth still, sometimes they benefit from "medical immobilization and protective stabilization" (MIPS). This may include the use of a papoose board, head holder, and/or mouth prop, among others. When MIPS is needed, the least restrictive alternative is used in order to provide safe and appropriate care. This least restrictive alternative is determined by a patient's dental provider in relation to the person's needs. Use of MIPS requires informed consent.

### **Risks**

**Risks of using** Medical Immobilization/Protective Stabilization include:

- Increased body temperature –Increases with movement and length of appointment
- Psychological distress – While most patients tolerate MIPS well, some may find it distressing
- Physical injury – Physical injury should not occur. If does, the manner of use of MIPS must be re-evaluated

**Risks of not using** Medical Immobilization/Protective Stabilization include:

- Physical injury – Physical injury due to patient movements of body, hands, mouth, head, etc.
- Injury to self or others – Physical injury due to resistive behaviors, such as biting, hitting, kicking
- Psychological distress – Some patients have increased anxiety with movement, use of MIPS can have calming effect for many individuals
- Decreased access to care – Inability to safely complete care in office for some individuals

**Alternatives:** Dental care may need to be done with a general anesthetic ("going to sleep") or other sedation. Your provider will determine if this is an appropriate option given your medical and dental conditions, as well as tolerance to care.

### **Questions and Withdrawal of Consent**

You have the right to ask questions and have your questions answered regarding the use of medical immobilization and protective stabilization. You can withdraw this consent at any time. If consent is withdrawn during a procedure, the provider will find a safe stopping point prior to ending the treatment. To withdraw your consent, you will need to inform your dental provider(s).

\_\_\_\_\_  
Patient's name (printed)

\_\_\_\_\_  
Chart ID#

### FULL MIPS CONSENT

I consent to the use of any “medical immobilization and protective stabilization” that the provider may deem necessary for the patient named above, including the use of a papoose, head holder, mouth prop, or other device/technique deemed necessary as the least restrictive alternative to care.

Example of papoose board:



\_\_\_\_\_  
Printed Name of Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Date

### LIMITED MIPS CONSENT

I consent to the use of the following MIPS devices/techniques: **Mouth prop, hand holding, head cradling/holding**. If additional medical immobilization techniques are recommended, they will not be utilized without receiving additional consent.

Example of mouth prop:



\_\_\_\_\_  
Printed Name of Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Date

### NO MIPS CONSENT

I do NOT consent to any use of medical immobilization. If hand holding or mouth props are used, they will only be for the comfort of the patient and not as devices to restrict movement.

Comfort Measures  
Only

Not to Immobilize

\_\_\_\_\_  
Printed Name of Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Date