

SCHOOL OF DENTISTRY

UNIVERSITY *of* WASHINGTON

CONTINUING

DENTAL

EDUCATION

WINTER/SPRING 2019

[www.uwcde.com](http://www.uwcde.com)



UNIVERSITY OF WASHINGTON SCHOOL OF DENTISTRY

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## HEMOCARE, HERBALS AND THE PRESCRIPTION OPIOID CRISIS: WHAT YOU NEED TO KNOW TODAY

Karen Baker, MS

Friday, March 1, 2019

LYNNWOOD

Register for this course through Seattle King County Dental Society – online at [www.skcds.org](http://www.skcds.org), by phone at (206) 448-6620 or download the registration form and fax to (206) 443-9308.

**This course is offered in partnership with the Seattle King and Snohomish County Dental Societies.**

**This course is designed for the whole dental team.**

Healthcare products – both over-the-counter and pharmaceuticals – are constantly changing. Manufacturers claim great results and get your patients' attention through advertisements and social media posts. How do you stay up-to-date? A patient comes in using the latest whitening toothpaste or claiming an herbal supplement has worked wonders – do you know how effective or harmful these may be? How do you stay current on the best methods for dental pain management, and what are the best practices considering the current opioid crisis? Come for a fast-paced class that will bring you up to speed on the latest in homecare products, the herbals available to your patients, and how best to manage pain in a world where opioids are at the center of attention. **PLUS complete your 3-hour training in opioid prescription best practices now required in the new Washington State dental licensing structure.**

**Topics to be covered:**

- New Homecare Products: How to Make the Best Choices
- Nutraceuticals and Oral Health: A Review for the Dental Clinician
- The Prescription Opioid Crisis: Impact on Dental Pain Management

**Course Objectives - After attending this full day course and reviewing the handouts, the participant should be able to:**

- Select an "alternative" homecare product line based on effective ingredients and reasonable manufacturer claims.
- Select specific nutraceutical oral health products with reasonable claims and safe ingredients.
- Recognize the role of the dentist in contributing to the current public health emergency related to opioid abuse.

### INSTRUCTORS

KAREN BAKER has been on the Dental College faculty at the University of Iowa for 36 years and occupies a unique role in dental practice and education. She is a clinical pharmacist with a Master's degree in clinical pharmacology and therapeutics and is focused on patient-specific dental drug therapy.

### LOCATION

Lynnwood Convention Center  
3711 196th Street SW, Lynnwood, WA 98036

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### TUITION *price includes lunch*

\$259/Dentist  
\$189/Staff

### CREDITS

7 hours

*Register for this course through Seattle King County Dental Society – online, by phone at (206) 448-6620 or download the registration form and fax to (206) 443-9308.*

## MASTERING ADULT MINIMAL SEDATION

Scott C. Dickinson, DMD; Mark Donaldson, BSP, RPH, PHARMD, FASHP, FACHE;  
Jason H. Goodchild, DMD

Friday – Sunday, March 8-10, 2019 (attend any day(s) or combination thereof) SEATTLE

### This course is applicable for all dental professionals interested in providing minimal sedation in their office.

This course will cover both the science and art of oral conscious sedation in an interactive and engaging multimedia presentation. The pharmacological basis of therapeutics will be addressed, taking the principles of academia into the realm of clinical practice. Treatment strategies and protocols will be discussed in a comprehensive, case-based approach.

### Course Objectives — As a result of attending this course, you will be able to:

- Describe the continuum of consciousness.
- List the characteristics of the ideal sedative for in-office use.
- Match the right drug at the right dose to the right patient and the right procedure.
- Discuss the advantages and disadvantages of oral conscious sedation versus other modalities.
- List the characteristics of the ideal sedative for in-office use.
- Describe the mechanism of action and pharmacological properties of the benzodiazepine family of medications.

### Part 1 — Friday, March 8, 2019

- Pharmacology of Oral Sedatives and their Utilization with Nitrous Oxide
- Minimal Oral Sedation Protocols and Patient Management
- Beyond Sedation: Appropriate Analgesic Prescribing
- Beyond Sedation: How Sedation can improve your Local Anesthesia success
- Beyond Sedation: Pain mechanisms and Appropriate Analgesic Prescribing
- Beyond Sedation: Local Anesthesia Update
- Keeping Patients Safe: Flumazenil & Naloxone
- Minimal Sedation Regulations and Other Regulatory Considerations

### Part 2 —Saturday and Sunday, March 9-10, 2019

- Clinically-Useful Pharmacology
- Patient Assessment and Risk Management
- Applied Physiology & Anatomy of Respiration
- Nitrous Oxide and Oxygen Pharmacology
- Indications and contraindications for the use of Nitrous Oxide
- Nitrous Oxide Equipment: Plumbed and Portable
- Incremental and Rapid Induction Administration Techniques
- Nitrous Oxide Contamination and Scavenging, When Fail-Safe Isn't Safe
- Keeping Patients Safe: Monitoring
- Keeping Patients Safe: The Dental Emergency Kit
- Tips and Tricks for Additional Pain and Anxiety Control
- Avoiding Drug Interactions

### INSTRUCTORS

SCOTT C. DICKINSON received his undergraduate degree from St. Lawrence University and his dental degree from the University of Pennsylvania, School of Dental Medicine. After graduation he completed an AEGD while serving in the U.S. Army. During this time Dr. Dickinson received training on and regularly used nitrous oxide and oxygen, oral, and intravenous sedation techniques. During his service in the Army he performed the duties of both a flight surgeon and a general practicing dentist.

MARK DONALDSON received his baccalaureate degree from the University of British Columbia and his Doctorate in Clinical Pharmacy from the University of Washington. He completed a residency at Vancouver General Hospital, and has practiced as a clinical pharmacy specialist, clinical coordinator and director of pharmacy services at many healthcare organizations in both Canada and the United States. He is currently the Associate Principal of Clinical Pharmacy for Vizient's Advisory Solutions, and lives in Whitefish, Montana.

JASON GOODCHILD is a graduate of Dickinson College in Carlisle, PA. He received his dental training at the University of Pennsylvania School of Dental Medicine. Dr. Goodchild serves as Associate Professor & Chairman of the Department of Diagnostic Sciences at Creighton University School of Dentistry (Omaha, NE). Recently, he joined the Premier Dental Products Company in Plymouth Meeting, PA as the Director of Clinical Affairs.

### LOCATION

FRIDAY

The Mountaineers Club  
7700 Sand Point Way NE  
Seattle, WA 98115

SATURDAY AND SUNDAY

University of Washington  
Health Sciences Center  
Turner Auditorium, Room D-209 and D-2 Clinic  
Seattle, Washington 98195

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### TUITION\* *price includes lunch*

UNTIL MARCH 6, 2019  
(after, \$25 more)

\$449/Dentist per day

\$299/Staff per day

\$404/Current Dental Alumni Member per day

### CREDITS

7 hours per day

*This course is eligible for a 10% tuition discount if you are a current member of the UW Dental Alumni Association.*

CE1863

## INTERACTIVE ORAL PATHOLOGY:

A STRATEGIC WAY OF LEARNING HOW TO DIAGNOSE AND MANAGE ORAL DISEASES

Dolphine Oda, BDS, MS

Friday, March 15, 2019

TACOMA

### This course is designed for dentists, hygienists and dental assistants.

Teaching and learning interactively can be challenging, but it is highly effective and rewarding for the audience. This course creates an environment in which attendees can make a differential diagnosis and consider how to interact with the patient regarding a certain clinical presentation. It is open to audience commentary in order to test attendees' knowledge of everyday oral pathology conditions. Some of these have benign-looking clinical presentations when, in actuality, they are serious and be malignant conditions; others are the exact opposite: looking aggressive but carrying a perfectly benign diagnosis. The course will cover the following subjects: soft tissue and bone lesions, including diseases of the surface epithelium, focusing on early detection of cancer; gingival swellings in adults and children; palatal swellings, focusing on salivary gland pathology; oral ulcers, focusing on immune mediated diseases, but also covering the oral manifestation of gastrointestinal diseases; brown spot(s), focusing on drug-induced spots and oral malignant melanoma; papillary lesions, focusing on oral HPV-associated diseases; unilocular radiolucencies, focusing on aggressive oral cysts and cancer metastasis; and multilocular radiolucencies, focusing on aggressive odontogenic neoplasms, completely radiopaque lesions (single and multiple), and the latter's association with Gardner's syndrome. Every category will start with several clinical cases which will be presented anonymously, seeking the audience's chosen diagnosis from a prepared differential diagnosis using teaching clickers. Each case will serve as the basis for an in-depth discussion of the associated topic as mentioned above. Each condition will be discussed, focusing on the clinical presentation, final diagnosis, treatment, recurrence rate, and overall prognosis. Clinicians will be provided with tools to base their judgment on facts, not uncertain conjecture. This course will provide necessary information directly applicable to improving the everyday practice of diagnosing oral diseases.

### Course Objectives — As a result of attending this course, you will be able to:

- Use facts to determine whether or not to biopsy a lesion.
- Identify early signs of oral cancer.
- Understand radiolucent and radiopaque lesions of the jaw

#### INSTRUCTOR

DOLPHINE ODA is Professor of Oral Pathology in the Department of Oral and Maxillofacial Surgery at the School of Dentistry, University of Washington, and the Director of the UW's Oral Pathology Biopsy Service. Dr. Oda is on the medical staff at the University of Washington Medical Center and Harborview Medical Center.

#### LOCATION

Washington State History Museum  
Mount Tahoma Auditorium  
1911 Pacific Avenue, Tacoma, WA 98402

#### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am  
Course: 8:30am – 4:30pm

#### TUITION *price includes lunch*

UNTIL MARCH 13 (after, \$25 more)  
\$289/Dentist  
\$189/Staff  
\$260/Current Dental Alumni Member

#### CREDITS

7 hours

*This course is eligible for a 10% tuition discount if you are a current member of the UW Dental Alumni Association.*

CE1865

## IMPROVING THE ORAL HEALTH OF YOUR OLDER PATIENTS

O. Ross Beirne, DMD, PhD; Bea Gandara, DDS, MSD; Susanne Kölare Jeffrey, DDS, PhD; Kurt Labberton, DDS; and Rod Wentworth, DDS

Saturday, March 16, 2019

BELLEVUE

*The University of Washington gratefully acknowledges the Arcora Foundation for its generous educational grant in support of this program.*

With the baby boom generation reaching 65 years and beyond, this is the first generation of Americans to reach older adulthood with an almost intact natural dentition. While keeping our teeth as we age is a positive trend, increasing lifespans can also result in the onset of chronic conditions, long-term medication usage, and oral diseases that can create complex dental treatment needs and questions on the part of dental professionals on how to care for this population.

Most dentists today received very little formal training in caring for the unique needs of older patients. WDS Foundation engaged a team of national experts in serving older adults, led by Dr. Linda Niessen, DMD, MPH, to develop a course that discusses the importance of treating the oral health needs of independently-living older adults in your office. This course is targeted to general dentists to expand their expertise in delivering optimal dental care to this diverse, and growing, senior population who needs care. The course will include patient cases and discussion to assess treatment options based on the patient's goals, ability to pay, health status, etc. The course is designed to build confidence in treating older patients, understand patient care options, and increase access to dental care for older adults.

### Course Objectives — As a result of attending this course, you will be able to:

- Understand the importance of serving older patients and the growing population of patients that need care.
- Understand how oral health issues change with age.
- Enhance understanding in managing the interactions between oral conditions and overall health and the importance of prevention at every age and stage of health.

#### INSTRUCTORS

O. ROSS BEIRNE is Professor of Oral and Maxillofacial Surgery at the University of Washington, School of Dentistry and Chief of Hospital Dentistry at the University of Washington Medical Center.

BEA GANDARA is a Clinical Associate Professor in the Department of Oral Medicine at the UW School of Dentistry.

SUSANNE KÖLARE JEFFREY teaches oral and general histology, and is the main instructor for geriatric dentistry at the UW School of Dentistry. She also directs the Senior Center Geriatric Dental Clinic in Lynnwood, WA.

KURT LABBERTON is a general dentist practicing in Yakima and is a graduate of the University of Washington School of Dentistry.

ROD WENTWORTH practices general dentistry in Bellevue, Washington and is a graduate of the University of Washington School of Dentistry.

#### LOCATION

Hilton Garden Inn Seattle Bellevue Downtown  
10777 NE 10th Street  
Bellevue, WA 98004

#### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am  
Course: 8:30am – 4:30pm

#### TUITION *includes lunch*

Thanks to the educational grant provided by the Arcora Foundation, this course is offered free of charge.

#### LIMITED ATTENDANCE

This course is limited to 75 participants.

#### CREDITS

7 hours

CE1764

## ERNEST M. JONES MEMORIAL LECTURE PRACTICAL EXCELLENCE IN RESTORATIVE DENTISTRY: INTEGRATING MODERN TECHNOLOGIES WITH PROVEN RESULTS

Robert A. Lowe, DDS

Friday, March 29, 2019

SEATTLE

**This is an annual course presented in remembrance of the founding dean of the UW School of Dentistry, Ernest M. Jones.**

**This course is designed for dentists, hygienists and dental assistants.**

In this technique-filled seminar, Dr. Lowe will teach you the skills you need to refine your restorations to a level that will help you create consistent quality. New technologies and techniques will be discussed along with how implementation of these technologies can help the “bottom line” of your practice. A discussion regarding the latest dental materials and delivery modalities will help in treatment planning even the most difficult functional and aesthetically challenging cases.

Don’t miss this technique-oriented seminar that is geared toward delivering useful clinical information that can be implemented in practice immediately, having a positive impact on the “bottom line” of your practice!

**Course Objectives — As a result of attending this course, you will be able to:**

- How to use some of the latest composite and bioactive restorative materials to save time and create excellent clinical results
- How to refine techniques to create “perfect” master impressions and have successful cementation of all types of aesthetic restorations.
- Unique options to ceramic for indirect aesthetic restorations in anterior region.

### INSTRUCTOR

ROBERT A. LOWE received his DDS degree from Loyola University, has maintained a full time practice for 30 years, and is a world recognized teacher and clinician. He taught for 10 years at Loyola University School of Dentistry and has received Fellowships in the AGD, ICD, ADI, and ACD.

### LOCATION

University of Washington  
Kane Hall, Room 130  
Seattle, Washington 98195

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### OPTIONAL LUNCH

\$25 per person – chicken, fish or vegetarian entrée available – reserve by March 15, 2019.

### TUITION

UNTIL MARCH 27, 2019 (after, \$25 more)  
\$125 for CDE credit\*  
Complimentary for no CDE credit\*\*

\* This fee helps to cover the costs of this event that exceed the available annual funds of the Ernest M. Jones Memorial Lectureship Fund.

\*\* If you plan to attend for no CDE credits, you still need to register.

### CREDITS

7 hours

### PARKING

Parking passes may be purchased through the CDE office for \$15 each until March 8, 2019. Alternatively, parking will be available in the E1 Parking Lot, north of the stadium, for \$6 the day of the course..

CE1871

## UPDATE IN ORAL MEDICINE 2019 DIAGNOSIS AND NONSURGICAL MANAGEMENT OF OROFACIAL DISORDERS IN DENTAL PRACTICE

Mark Drangsholt, DDS, MPH, PhD; David Dean, DDS, MSD, Michael Martin, DDS PhD and Oral Medicine Faculty at the UW School of Dentistry

Friday, April 5, 2019

SEATTLE

**This course is designed for specialists, dentists, dental hygienists and dental assistants.**

Patients visiting dental offices present with a growing number of complex orofacial complaints. This course will highlight orofacial conditions commonly encountered in practice and the management of these disorders using multiple modalities.

### Course Topics

This program is still being finalized. Potential topics may include the following – check our website for the most up-to-date information.

- Which dental and orofacial disorders cause the most disability for people today?
- Simplified Evidence-Based Management of TMD
- Oral Allergies – Gold, composite, local anesthetics?
- Detecting and treating the “invisible” conditions in dental practice oral dysesthesias, neuropathy, and other unusual disorders
- New State Laws on Opioids and Effect on Acute/Chronic pain management.

### INSTRUCTORS

Department of Oral Medicine Faculty, including:

MARK DRANGSHOLT is Professor and Chair of the Department of Oral Medicine at the UW School of Dentistry.

DAVID DEAN is Assistant Professor and Director of the Oral Medicine Graduate Program at the UW School of Dentistry.

MICHAEL MARTIN is Professor in the Department of Oral Medicine at the UW School of Dentistry.

### LOCATION

The Mountaineers Club  
7700 Sand Point Way NE  
Seattle, WA 98115

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### TUITION includes lunch

UNTIL APRIL 3, 2019(after, \$25 more)  
\$289/Dentist  
\$189/Staff  
\$260/Current Dental Alumni Member

### CREDITS

7 hours

*This course is eligible for a 10% tuition discount if you are a current member of the UW Dental Alumni Association.*



## ERGONOMICS: NECK, BACK & BEYOND AND FITNESS 101 FOR DENTAL PROFESSIONALS

Bethany Valachi, PT, DPT, MS, CEAS

Saturday, April 27, 2019

CENTRALIA

Register for this course through the Oregon Health Sciences University Office of CDE —  
[www.ohsu.edu](http://www.ohsu.edu) or phone (503) 494-8857

**This course is designed for dentists, hygienists, dental assistants and office staff.**

### MORNING TOPIC

#### Neck, Back & Beyond: Evidence-based Ergonomics to Prevent Pain & Extend Your Career

Did you know that one-third of dentists who retire early are forced to, due to a musculoskeletal disorder? The financial impact of poor ergonomics can be devastating to dental professionals, and resultant injuries can impair quality of life for you and your staff. Pain is not a necessary by-product of delivering dental care! Effectively preventing work-related pain in dentistry requires addressing numerous risk factors, both inside and outside your operatory. In this lecture, Dr. Valachi combines 20 years of dental ergonomic experience with her doctorate research to teach truly effective strategies in the operatory to prevent pain and ensure career longevity..

### AFTERNOON TOPIC

#### Fitness 101 for Dental Professionals: Secrets for Comfort and Career Longevity

In this interactive seminar, Dr. Valachi introduces a special system of evidence-based exercise, pain therapy, self-treatment and stress management interventions to help dental professionals take control of their own health and extend their careers. Discover how to release painful accumulated tension in muscles with easy self-treatment strategies.

#### Course Objectives – Participants will be able to:

- Implement appropriate ergonomic interventions for chronic back, neck and shoulder.
- Identify 3 ergonomic criteria to select dental loupes that will improve their health.
- Develop a customized exercise program specifically for dental professionals.

### INSTRUCTOR

BETHANY VALACHI is a doctor of physical therapy who has worked exclusively with dental professionals for over 20 years

### LOCATION

Lewis & Clark Event Center  
117 W. Magnolia Street  
Centralia, WA 98531

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### TUITION *price includes lunch*

UNTIL APRIL 24, 2019  
(after, \$25 more)

\$289/Dentist  
\$189/Hygienist, Dental Assistant, Office Staff

### CREDITS

7 hours

Register for this course through the Oregon  
Health Sciences University Office of CDE —  
[www.ohsu.edu](http://www.ohsu.edu) or phone (503) 494-8857

CE1861

## LAW/LEWIS LECTURE IN PEDIATRIC DENTISTRY TREATING CARIES WITH GLASS, STEEL, SILVER, FLUORIDE, IODINE, XYLITOL, DAIRY, LIVER, AND FISH

Jeremy Horst, DDS, PhD

Friday, May 10, 2019

SEATTLE

**This course is designed for dentists, hygienists, dental assistants and office staff.**

The ADA just announced a new paradigm of dentistry: NonRestorative Caries Treatment. Enabled by Silver Diamine Fluoride (SDF) and bolstered by Fluoride varnish, ART/ITR, SMART, and Hall crowns, “leaving caries in the tooth” with or without a restoration is now standard of care. These changes have brought about new opportunities and new challenges. While SDF and complimentary techniques are faster and less invasive, defining a billing philosophy is tricky and monitoring outcomes is fundamentally different than for restorations. Nevertheless, they can be combined. Attendees will learn why SDF is Dr. Jeremy’s gateway drug to high viscosity glass ionomer cements (HV-GICs). Meanwhile, great progress has been made in defining which preventives actually work, including nutrients. Hands-on experiences will include application of SDF and HV-GIC, and a science experiment on the relevant dynamics of saliva pH – complete with surprises to enhance learning.

#### Course Objectives - As a result of attending this course, you will be able to:

- Explain the indications, benefits, and risks for SDF, SMART, and Hall crowns to patients.
- Perform the technique for placing sealants and fillings with high viscosity glass ionomer cement.
- Guide families through deciding whether to start with restorative or nonrestorative caries treatment.

### INSTRUCTORS

JEREMY HORST is a pediatric dentist in private practice and a quantitative biologist at UC San Francisco. His mission is to decrease suffering from tooth decay by driving developments in minimally-invasive dentistry. Jeremy was an early leader in introducing Silver Diamine Fluoride into the United States. He continues to do clinical and laboratory research to investigate its strengths and limitations, and develop better treatments and preventives for the future. Clinically he focuses on maximally effective, minimally invasive techniques to stop dental caries and create an easy relationship to dentistry for children and people with special healthcare needs.

### LOCATION

The Mountaineers Club  
7700 Sand Point Way NE  
Seattle, WA 98115

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### TUITION *price includes lunch*

UNTIL MAY 8, 2019 (after, \$25 more)

\$289/Dentist  
\$189/Hygienist, Dental Assistant, Office Staff  
\$260/Current Dental Alumni Member

### CREDITS

7 hours

*This course is eligible for a 10% tuition discount if you are a current member of the UW Dental Alumni Association.*

## HIGH IMPACT COMMUNICATION: WORDS TO USE AND WORDS TO LOSE

Lois Banta, Dental Consultant

Friday, May 31, 2019

SEATAC

*This course is offered in partnership with the Washington Academy of General Dentistry. See course web page for link to register online with Washington AGD.*

### This course is designed for the whole dental team.

Is your method of communication causing patients to say 'No!' to dentistry? Are your cancellations and failed appointments on the rise? Are accounts receivable figures growing while case acceptance is decreasing?

Understanding 'what to say' and 'how to say it' is the first step toward practice success. Explore effective communication techniques for improving scheduling and reducing open time, increasing case acceptance, and fine-tuning financial arrangements.

Poor communication can result in complications with patients and even team members. It may be simple to identify where we have difficulty communicating in the practice, but converting difficult situations into positive ones – that's another story. Learn protocols and systems for retraining the troublesome patient (including knowing when it's time to release a patient from your care.)

Discover how to recognize and resolve difficult situations with patients, insurance companies and even your own team members.

### Course Objectives - As a result of attending this course, you will be able to:

- Make personal performance and corrective interviews a positive experience
- Cross training for optimal performance, including CE opportunities
- Perfect the 'hand off' – team to team – in the practice

### INSTRUCTOR

LOIS BANTA IS CEO, President and Founder of Banta Consulting, Inc. From terrified dental patient to popular international speaker and dental consultant, Lois has been involved in dentistry for more than 30 years. Her SCI approach – See, Commit, and Implement – has allowed her to take practices from mediocrity to excellence.

### LOCATION

Washington AGD Educational Center  
19415 International Blvd, #410  
Seatac, WA 98188

### TIMES

Registration and Continental Breakfast:  
8:00am – 8:30am

Course: 8:30am – 4:30pm

### TUITION price includes lunch

UNTIL MAY 17TH (after, \$25 more)

\$299/Dentist

\$199/Team member with dentist

\$299/Team member without dentist

### CREDITS

7 hours

*Register for this course through  
Washington AGD.*

CE1891

## 2019 INTERNATIONAL CONGRESS ON ADHESIVE DENTISTRY: EVIDENCE-BASED ADHESIVE DENTISTRY

Prof. Daniel Chan, Junji Tagami, Jack Ferracane, John Sorensen, Masashi Miyazaki, Franklin Tay, Mutlu Özcan, Sema Belli; Drs. Ray Bertolotti, Grant Chyz, Yen-Wei Chen, and Alireza Sadr

Sunday and Monday, June 16 and 17, 2019

SEATTLE

### This course is designed for dentists, but team members are welcome to attend.

The IAD is a gathering of researchers and clinicians and was first held by the Japan Society for Adhesive Dentistry in 2002. The theme of IAD 2019 is "Evidence-based Adhesive Dentistry". The goal of IAD 2019 is to present the latest development in this field and promote the education and research in the field of adhesive dentistry. IAD 2019 is brought to the local dental community by UW Continuing Dental Education, which offers ADA-recognized CE credits.

### INSTRUCTORS

PROF. DANIEL CHAN, Chair, Restorative Dentistry,  
UW School of Dentistry  
*Welcome*

PROF. JUNJI TAGAMI, Chair, Cariology and Operative  
Dentistry, TMDU (Japan)  
*The History and Development of Adhesive Dentistry*

PROF. JACK FERRACANE, Chair, Department of  
Restorative Dentistry, OHSU  
*Current and Future Strategies for Bonded  
Composite Restora*

PROF. JOHN SORENSEN, Graduate Prosthodontic  
Research Director, Restorative Dentistry,  
UW School of Dentistry  
*Digital Work Flow for Adhesive Restorations*

PROF. MASASHI MIYAZAKI, Chair, Operative Dentistry  
Nihon University (Japan)  
*Durability and Clinical Success of  
Composite Restorations*

PROF. FRANKLIN TAY, Chair, Department of  
Endodontics, The Dental College of Georgia  
*Optimizing Resin-Dentin Bond Stability*

PROF. MUTLU ÖZCAN, Head, Dental Biomaterials,  
University of Zurich (Switzerland)  
*Review of Bonding to Ceramic-Based Restorations*

PROF. SEMA BELLİ, Department of Endodontics,  
Selcuk University (Turkey)  
*Adhesive Restoration of the  
Endodontically-Treated Tooth*

DR. DAVID ALLEMAN, Private Practice, South Jordan, UT  
*Evidence-Based Lessons Learned for  
Private Practitioner*

DR. RAY BERTOLLOGI, Retired Clinical Professor,  
University of California at San Francisco,  
Private Practice San Leandro, CA  
*Bonded Cantilever Zirconia Bridges: A Viable Option*

DR. GRANT CHYZ, Private Practice, Seattle, WA  
*Rebuilding Cracked Teeth with Fiber Composites*

DR. YEN-WEI CHEN, Restorative Dentistry,  
UW School of Dentistry  
*Bonded CAD/CAM Restoration in Dental Education*

DR. ALIREZA SADR, Restorative Dentistry,  
UW School of Dentistry  
*Proof-of-Concept Research for Clinically  
Successful Bonding*

### LOCATION

University of Washington  
South Campus Center, Room 316  
Seattle, WA 98195

### TIMES

Registration and Continental Breakfast:  
7:30am – 8:00am

Sunday course: 8:00am - 5:00pm

Monday course: 8:00am – 12:00pm

### TUITION price includes breakfast and lunch Sunday; breakfast Monday

Early bird discount is offered until MAY 1, 2019

US Dentists: \$300 (before May 1, 2019),  
\$350 (after May 1, 2019)

Team members (RDH, DA) and JSAD/JSCD members:  
\$200 (before May 1, 2019),  
\$250 (after May 1, 2019)

Dental students and residents: \$80  
(before May 1, 2019), \$130 (after May 1, 2019)

Optional Dinner function (Sunday June 16, Seattle Yacht Club):  
\$100 per participant (limited availability)

### CREDITS

11 hours

## SUNRIVER SUMMER CE WEEKEND

FRIDAY: **SAFETY AND SIMPLICITY IN ROOT CANAL INSTRUMENTATION: MYTHS, METAL AND MOTION**

SATURDAY: **CURRENT STATUS AND FUTURE ADVANCES FOR DENTAL COMPOSITES, INCLUDING TECHNIQUES FOR OPTIMIZING LIGHT CURING AND BONDING**

Anne L. Koch, DMD and Jack L. Ferracane, DDS, MS, PhD

Friday and Saturday, July 19 and 20, 2019

SUNRIVER

Register for this course through the Oregon Health Sciences University Office of CDE — [www.ohsu.edu](http://www.ohsu.edu) or phone (503) 494-8857

**The University of Washington and Oregon Health Sciences University gratefully acknowledge Brasseler and Real World Endo for the educational grant and equipment provided for this course.**

### This course is designed for dentists

In this hands-on workshop, a new “Blend Technique” will be introduced and participants will learn how to use it effectively in all root canal types. After attending this workshop, you will improve your instrumentation predictability while dramatically reducing instrument separation. Furthermore, a simple yet effective obturation method will be introduced that combines the latest in material science with endodontic synchronicity for passive, bonded root canal obturation.

All participants will have the opportunity to validate these concepts during the workshop. Get ready to improve your instrumentation predictability and gutta percha cone-fit while dramatically reducing instrument separation.

### Course Objectives – Participants will be able to:

- Implement appropriate ergonomic interventions for chronic back, neck and shoulder.
- Identify 3 ergonomic criteria to select dental loupes that will improve their health.
- Develop a customized exercise program specifically for dental professionals.

**For the Hands-On Session:** Please bring any accessed, extracted teeth you may want to work on.

### SATURDAY MORNING LECTURE – Current Status and Future Advances for Dental Composites, Including Techniques for Optimizing Light Curing and Bonding

The current state of dental composites presents the practitioner with many material options having a broad range of physical and optical properties, and handling characteristics. The current materials have evolved based on the needs and requests of dental practitioners desiring materials capable of being used in more extensive applications, and with greater ease of use. While there is not one material that is considered ideal, dentists are able to use existing products, alone or in combination, to produce restorations that are of high quality and with excellent longevity. In the past, the introduction of new formulations was predominantly focused on materials with better esthetics, polishability, handling, and wear resistance. More recently commercial materials have been designed with reduced polymerization shrinkage and shrinkage stress, and enhanced depth of cure for use as bulk-fill restoratives. Looking to the future, the next series of developments will likely be to produce direct composite restoratives with self-adhesive qualities, already present in some flowable and cementing materials, and

resin restoratives that are more resistant to the degradatory effects of intraoral hydrolysis and attack from salivary and bacterially derived enzymes. Other developments will likely include materials that are bioactive, interacting with the environment by releasing essential ions for remineralization processes, as well as releasing important molecules capable of recruiting cells to specific sites to aid in the healing and repair of lost tooth structure. Materials capable of repair of internal and external defects can also be envisioned.

### LECTURE OBJECTIVES

#### Upon completion of this course attendees will:

- Identify and explain important variables that influence the production of optimally light cured and bonded dental resin-based materials.
- Explain the meaning of bioactive materials and how they can be incorporated into dental composites to provide beneficial effects.
- Identify the future trends in dental composite restorative materials.

### INSTRUCTORS

ANNE KOCH received both her DMD and Certificate in Endodontics from the University of Pennsylvania. She is also the founder and past Director of the Postdoctoral Program in Endodontics at the Harvard School of Dental Medicine.

JACK FERRACANE is Professor and Chair of Restorative Dentistry, and Division Director of Biomaterials and Biomechanics at Oregon Health & Science University. He received a BS in Biology from the University of Illinois, and a MS and PhD in Biological Materials from Northwestern University.

### LOCATION

Sunriver Resort  
17600 Center Dr  
Sunriver, OR 97707

### TIMES

Friday  
Registration: 2:00pm – 2:30pm  
Lecture: 2:30pm – 5:30pm  
Dinner: 5:30pm-6:30pm  
Hands-on Session: 6:30pm – 9:30pm

Saturday  
8:00am to 9:00am Breakfast  
9:00am to 12:00pm Lecture  
12:00pm to 1:00pm Lunch

**TUITION** – price includes dinner Friday and breakfast and lunch Saturday  
\$397/participant\*

### CREDITS

9 hours

### LODGING

\*Price does not include lodging stay. You will need to call Sunriver Resort at 1-800-547-3922 and reference 'OHSU-Dental School CDE' for the group discount. Room rates at \$269 per night if you reserve before March 18th!

Register for this course through the Oregon Health Sciences University Office of CDE – [www.ohsu.edu](http://www.ohsu.edu) or phone (503) 494-8857



## ATRAUMATIC EXTRACTIONS FOR THE GENERAL DENTIST!

Steven L. Rasner, DMD, MAGD

Friday - Saturday, August 23 – 24, 2019

SEATAC

*Register for this course through Washington Academy of General Dentistry.*

**This course is offered in partnership with the Washington Academy of General Dentistry. Please register through the WAGD.**

**This course is designed for dentists.**

Is it possible to master in two days multiple surgical procedures that you're currently referring out? The answer is a resounding yes. This action-packed two day class, with two hands-on model course, will provide a step-by-step blueprint for success at a wide array of oral surgical procedures. It will be a question-inviting atmosphere. From pre-op patient preparation to scheduling to post-op instructions, you will leave prepared to return to your practice and immediately provide these procedures.

The course has been carefully designed to integrate didactic, audio and visual aides, and extensive hands-on attendee participation with a wide range of exodontia procedures for each individual.

### Didactic Session Topics

- Safe patient selection
- Oral sedation protocol
- Red flags
- Antibiotic coverage
- Atraumatic extractions
- Teeth broken below the gingiva
- Multiple extractions
- Teeth adjacent to delicate esthetic restorations
- Teeth with immediate implant placement
- Socket grafting
- A review of angiogenesis
- Surgical implant surgery introduction
- Suturing 101: Interrupted, Continuous, Horizontal & Vertical Mattress: Where – When – How
- Case presentation and fees
- Appropriate legal documentation

### INSTRUCTOR

STEVEN RASNER graduated from the University of Pennsylvania with a doctorate in dental medicine and received his Mastership from the Academy of General Dentistry.

### LOCATION

Washington AGD Educational Center  
19415 International Blvd, #410  
Seatac, WA 98188

*This course is offered in partnership with the Washington Academy of General Dentistry. Please register through the WAGD.*

### TIMES

FRIDAY and SATURDAY:  
Registration and Continental Breakfast:  
7:30am – 8:00am  
Course: 8:00am – 5:00pm

### TUITION *price includes lunch*

\$895/AGD Member Dentist  
\$995/Non-AGD Member Dentist  
\$805.50/Active Military Dentist

### CREDITS

16 hours

# ONLINE COURSES

The ultimate in convenient CDE credit!

Head to **www.uwcde.com** for more information

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### OC1802: Bloodborne Pathogens Training Online Course

2 HOUR COURSE, 2 CREDIT HOURS\*, \$50/PERSON

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### OC1804: Managing and Treating Pregnant Patients

2 HOUR CLASS, 2 CREDIT HOURS \*, \$40/PERSON

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### OC1805: Washington Apple Health (Medicaid) Dental Coverage

1 HOUR COURSE, 1 CREDIT HOUR\*, FREE OF CHARGE THANKS TO THE ARCORA FOUNDATION.

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### OC1806: Going to Pot and the Dental Patient – What do I need to know about marijuana that I didn't (formally) learn about in school?

2 HOUR COURSE, 2 CREDIT HOURS\*, \$40/PERSON

*\* Washington State Dentists: Online CDE credit rules have changed. Per WAC 246-817-440-4, while online recorded/correspondence training hours are no longer limited, only 30 minutes of every hour spent on the course online counts toward credit. For example, for a 2 hour online course, you will only be able to claim 1 hour of CDE credit.*

*Live webinar trainings, where the participant is able to interact with the training and a teacher present, hours to credit will remain 1:1.*

# APPLICATION FORM WINTER/SPRING 2019

Please note that registration for courses offered in partnership with other dental organizations is not through UW CDE. Please refer to the course description for details.

**MAIL TO:**  
Continuing Dental Education  
University of Washington, Box 357137  
Seattle, WA 98195-7137

**FAX TO:** (206) 543-6465

**EMAIL TO:** dentalce@uw.edu

COURSE NUMBER	COURSE TITLE	COST	NUMBER OF CREDITS
COURSE NUMBER	COURSE TITLE	COST	NUMBER OF CREDITS
COURSE NUMBER	COURSE TITLE	COST	NUMBER OF CREDITS

## APPLICANT

NAME \_\_\_\_\_ BIRTH MONTH (We'll remind you to complete your CE credits) \_\_\_\_\_

PREFERRED MAILING ADDRESS  WORK  HOME \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DAYTIME TELEPHONE \_\_\_\_\_ FAX \_\_\_\_\_

EMAIL \_\_\_\_\_

DEGREE \_\_\_\_\_ ARE YOU A GRADUATE OF THE UW SCHOOL OF DENTISTRY  YES  NO IF YES, WHAT YEAR? \_\_\_\_\_

ARE YOU A DUES PAYING MEMBER OF THE UW DENTAL ALUMNI ASSOCIATION?  YES  NO

HOW WOULD YOU LIKE TO RECEIVE YOUR COURSE HANDOUTS?  PAPER  EMAIL

## ADDITIONAL APPLICANT

NAME \_\_\_\_\_ POSITION \_\_\_\_\_

NAME \_\_\_\_\_ POSITION \_\_\_\_\_

Checks should be made payable in U.S. currency to the University of Washington. Mail to: Continuing Dental Education, University of Washington, Box 357137, Seattle, WA 98195-7137 or FAX to (206) 543-6465. For additional information, call (206) 543-5448 or toll free (866) 791-1278. You may charge your tuition by filling out the information below.

Visa  MasterCard  American Express  Discover  check enclosed

CARD ACCOUNT NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_ CVV Code \_\_\_\_\_

FULL NAME (AS IT APPEARS ON CARD) \_\_\_\_\_

BILLING ADDRESS FOR CREDIT CARD USED:

Same as mailing address above

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

The Director reserves the right to select participants, limit enrollment, cancel courses, or change locations if necessary. No refunds will be granted less than one week prior to a course. Lecture course cancellations are subject to a \$40 processing fee, plus a \$10 fee for each "additional applicant." Participation courses have a \$100 non-refundable deposit. Course fees will be used to cover the costs of these courses, and could include, but not necessarily be limited to, any or all of the following expenses at the discretion of the Director of Continuing Dental Education: honoraria, travel, advertising, audiovisual aids, course equipment, handouts, food service, alcoholic beverages and expenses associated with hosting speakers. The CDE Office accepts no responsibility for travel expenses or penalties incurred by course registrants in the event of a course cancellation or revision.

## CDE OFFICE USE ONLY

ENTERED BY \_\_\_\_\_ DATE \_\_\_\_\_ TRANS. NO. \_\_\_\_\_ RECEIPT SENT \_\_\_\_\_

# CANCELLATION AND REFUND POLICIES

## LECTURE COURSES

You must inform the CDE office if you cancel a course by the day before the course. If you do not cancel by the day before the course, you will be considered a "No Show".

### For cancellations:

You have two options if you cancel. You can receive a full refund minus a \$40 processing fee, plus a \$10 fee for each "additional applicant", or the full amount can be transferred to another CDE course (or courses depending on the amount of the funds transferred) within the same CDE calendar year (September - June). Tuition credit from previous years can not be applied to courses in the current year. The funds can only be transferred once.

### For No Shows:

No refund or funds transfer is available.

## PARTICIPATION COURSES

Refunds for CDE participation courses must be requested at least fourteen days prior to the first meeting of a course. All participation courses have a \$100 non-refundable deposit. The deposit is necessary to cover materials that are incurred which are non-refundable to our office. If a cancellation is made less than fourteen days before a course, no monetary refund will be given, and the money can not be transferred to another course, unless the CDE office is able to occupy the spot with another participant. Funds, minus the \$100 non-refundable deposit, may be transferred to another course within the same CDE calendar year if the request is made 14 days before the course.

## TRANSFERRING FUNDS TO ANOTHER PARTICIPANT

Before the day of the course, if a registrant wishes to transfer his or her funds to another participant, he or she may do so; however, there is a \$10 transfer fee and the CDE office must be made aware of this transfer by the day before the course.

## REFUND EXCEPTIONS

No refund penalty will be charged for last-minute emergencies; however, the CDE office must be contacted by noon on the date of the course to notify them of an emergency case by telephone or email. Either a full refund will be given or the money can be transferred towards another CDE course within the same CDE calendar year (September - June).

## ACTS OF NATURE

In the event of snow, earthquake or other act of nature, check the CDE website - www.uwcde.com - or please call the CDE office and listen to the instructions placed on the voicemail.

## IF A COURSE IS CANCELLED BY CDE

A full refund will be given to all participants.

\*The CDE office accepts no responsibility for travel expenses or penalties incurred by course registrants in the event that a course is cancelled or revised.

## PARTNERSHIP PROGRAMS

Cancellation policies of programs presented in partnership with other organizations may vary. Please see specific course information for details.

## For additional information about this or any other University of Washington Continuing Dental Education program, please contact:

Continuing Dental Education, University of Washington  
Mail: Box 357137, Seattle, WA 98195-7137  
Phone: (206)543-5448 Toll Free: (866)791-1278 Fax: (206)543-6465  
Web: www.uwcde.com Email: dentalce@uw.edu

To request disability accommodations, contact the Continuing Dental Education Office. The University of Washington provides equal opportunity in education without regard to race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University of Washington policy and applicable federal and state statutes and regulations.

CONTINUING  
DENTAL  
EDUCATION



SCHOOL OF DENTISTRY | UNIVERSITY of WASHINGTON

WINTER / SPRING 2019

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