Dental Alumninews

FALL 2021

"When I told my parents that I was going to go [to dental school], my dad said, 'Why would you want to take the place of a man? You have a husband who can support you.' My dad said that. And I will say, once I was in practice, he was very proud, and he came to me as a dentist. But that was his initial response."

DR. KAREN BLOOMQUIST, CLASS OF 1978

In the mid-1970s, the School of Dentistry finally began admitting women in significant numbers. Eight of them told us what happened next. Page 20





Campaign for CLINICS

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SCHOOL OF DENTISTRY / UNIVERSITY of WASHINGTON



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DentalAlumninews

THE UNIVERSITY OF WASHINGTON DENTAL ALUMNI ASSOCIATION FALL 2021

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Oleg Shvartsur '11 President-elect



Diane Daubert '17 Treasure

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Dental Alumninews

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It's time to refocus on our School's needs

reetings, fellow Huskies! Hopefully you have all had time this summer to enjoy the sunshine and warm weather. My family was so thrilled to have the opportunity to take a real vacation (even with grandparents!) for the first time in well over a year. It was really nice to escape for a while.

The continued impact of the COVID-19 pandemic is as pervasive now as it was when I wrote my first President's Message last year. While the uneasiness and uncertainty most of us felt as we came back to work last spring has faded, it has been replaced with new challenges for our professional and personal lives. Staff shortages, meeting pent-up demand, and maintaining a safe workplace amid increased polarization around the world make every day at the office an adventure.

The UWDAA is mobilizing for a return to more regular activity. Several of our traditional events are back on the calendar. While the alumni board has continued to meet regularly over Zoom, we will resume live meetings later this year. The Dental Alumni Football Event (Oct. 16) and the Dean's Club Dinner (Nov. 20) will return live and in person. The long-awaited 50th anniversary of the Dean Ernest Jones Lecture and a celebration of our School's 75th anniversary will take place March 25-26, 2022. It has been a busy time for our organization, and we are excited to gather together to share these events as a family.

Our School of Dentistry also continues to move toward normalcy. Another class has graduated, and another class begins its journey. In-person learning will (thankfully) replace Zoom as students congregate again. Adjustments to the school's COVID clinical policies continue to evolve, allowing for more procedures to be done as more patients become vaccinated. Little by little, life at the School is moving forward.

There is certainly a lot to celebrate, but other challenges remain. Specifically, I would like to focus on the Campaign for Clinics. It is no secret that physical facilities of the School of Dentistry are lagging behind the times. This has been an ongoing struggle for decades. The modern economic reality of institutions of higher learning has shifted. We can no

longer wait for the state to support desperately needed upgrades in technology and infrastructure. If we are going to realize the vision of creating a 21st-century dental school, we must step up as a group and support the endeavor.

As of July 2021, we have generated \$3.4 million in gifts and pledges to support this campaign. The first major project of the campaign is



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already underway, as the old Oral Surgery clinic in B-350 is currently being remodeled to house the new dental hygiene program with Shoreline Community College. This project alone will help continue to educate and train new hygienists to remedy the shortage in our dental community. But we have a long way to go to raise the funds we need to bring our facilities in line with the world-renowned reputation our School has earned.

This is a tall challenge, but not one that is new to alumni. We have often risen to the occasion to get projects done. The major renovations to the D-1 Lab and the graduate Ortho clinic were both driven by alumni support. We've done it before, and we can do it again.

My wife, Emi, and I recently made a gift to the campaign, and I encourage you to consider a contribution as well. While opportunities for large gifts and naming rights for operatories exist, any donation is a major help. As we all continue to grow and prosper, it is our duty as alumni to help carry forward the evolution and growth of the school that gave us the opportunity to have careers in this wonderful profession. If we all pull together and give back a little bit, we can make a large difference for the legacy of our School.

JEREMY CHAISON ('06)

UW Dental Alumni Association President

4 DentalAlumninews FALL 2021 7137. Email should be sent to randyn@uw.edu.

Our team is here for you

Our Office of Advancement, Alumni Services, and Continuing Dental Education works to help you support and stay informed about our School of Dentistry, connect with one another, and assist you in your professional development. We're always happy to hear from you!



randyn@uw.edu

RANDY NEWQUIST Assistant Dean of Advancement and External Affairs 206-616-0716

Randy, who has been at the UW since 1986, was our longtime Director of Alumni Services before becoming Assistant Dean in early 2018 and leading our office. He oversees our School's fund-raising operations and also remains closely involved in Dental Alumni Association activities.



DOUG DAY Associate Director of Advancement 206-543-6017 daydoug@uw.edu

Doug started at our School in 2016 after extensive experience in corporate sales and working with non-profits in fund-raising and philanthropy. He assists our alumni, faculty, and friends in their philanthropy with a focus on major gifts and planned giving, and also helps alumni to increase their level of engagement with the School.



DEBBIE KNIGHT Assistant Director of Advancement 206-616-0986 debbiek@uw.edu

Debbie joined our team in July 2020, a few years after relocating from the East Coast. She may be new to the Dental School, but is not new to the world of alumni relations or fund-raising. While in NYC, Debbie worked at NYU School of Law and also Barnard College in positions centered around donor engagement, fund-raising, stewardship, and alumni relations.



Advancement Coordinator 206-616-0938 smartin4@uw.edu

Sarah came to us in 2016 a few months after starting at the UW in Gift Services. Before that, she spent 10 years at the Kansas Historical Society in her home state, managing the National Register of Historic Places program. An architectural historian and public historian by training, she also works part time as a consulting historian throughout King County. In our office, her roles include tracking gift activity, managing donor lists, supporting fund-raisers, and more.



STEVE STEINBERG **Director of Communications** 206-616-0827 ss55@uw.edu

Steve joined us from the Seattle Times in 2008 after 35 years as a professional journalist, editing and writing for national magazines and newspapers including The Dallas Morning News. He writes and edits the Dental Alumni News, posts material on our School's website and social media. works with news media, writes news releases for external publication, produces videos, and assists the Dean's Office with communication.



SALLY GEE Director of Continuing **Dental Education** 206-616-0990 sallyg@uw.edu

Sally started at our School in 2002 working for Pediatric Dentistry, then moved to CDE a year later. She lived in France for nearly two vears after graduating from the UW. then came home and worked for a printing software firm. As CDE director, she plans new courses, maintains accreditation. oversees marketing, and develops course ideas based on industry needs, participant requests, and dental organization partnership possibilities.



IOY PARK Program Coordinator, Continuing Dental Education 206-221-2636 joy22385@uw.edu

Joy started with us as a UW student assistant majoring in anthropology in 2007, then became a CDE temp, then a full-time office assistant, and now program coordinator. She assists in CDE program planning, dealing with logistical details and compiling course materials, and monitors the CDE registration system



IETHRO SWAIN Social Media Manager 206-543-5448 jethroswain2@gmail.com

Jethro joined our team in the spring of 2021 as a UW senior majoring in Journalism and Public Interest. Since graduating, he has continued to work with our team to expand the School's social media presence. Jethro manages the School's Facebook, Twitter, and Instagram pages, and writes stories for the Dental Alumni News and posts for the School's website.

The Dean's Corner

The dental hygiene expansion needs your help

here have been many positive and encouraging developments at our school this summer, highlighted by the final stage of the Shoreline Community College dental hygiene program's transition to its new home under our roof. Now the Shoreline faculty and ours are overseeing the education of both the first-year and second-year hygiene students, and next year we expect to see the hygiene cohort increase to 24 students per class. Further expansion is envisioned as our state's needs dictate, and those needs are indeed pressing. Approximately 2,000 active Shoreline patients have been advised of the move, and many have already transitioned their care to the UW campus and others are scheduled. Patient comments have been uniformly positive about the transition and the care received.

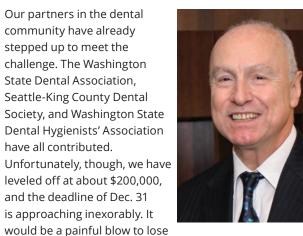
I hardly need to tell our alumni in practice just how great the shortage of dental hygienists has become. Last year's state survey of dentists, hygienists, and dental assistants found four open positions for every hygienist seeking work. More than 550 openings were reported in King and Snohomish counties alone, and we have seen little amelioration of the shortfall since then. Statewide, open hygiene positions remain posted for up to six months.

Expansion of the Shoreline Community College dental hygiene program is an important part of the solution to this problem, and I am delighted that our School of Dentistry can play a pivotal role. Not only will this help answer an urgent need in the dental community, but there are major benefits that accrue to our students and the Shoreline students alike. Not the least of these is the opportunity to practice four-handed dentistry just as they would in private practice, helping to ensure that they will be even better prepared for their professional duties after graduation.

However, there are major costs associated with the Shoreline program's move to our School of Dentistry. To accommodate the dental hygiene students, we must reconfigure our D-1 Simulation Clinic and renovate the B-350 clinical space formerly occupied by our Oral and Maxillofacial Surgery clinic. Then, we must continue the renovations on the second- and third-floor clinics. Not surprisingly, the costs of this work have already exceeded initial estimates.

Shoreline has contributed \$1.55 million to the expansion, and about \$300,000 worth of equipment from its old home. I have earmarked \$1.8 million from our Campaign for Clinics for this project. We were especially heartened by a wonderful lead gift of \$1 million from Delta Dental of Washington for the expansion, and Delta Dental also issued a \$500,000 challenge grant that could add another \$1 million if successful.

Our partners in the dental community have already stepped up to meet the challenge. The Washington State Dental Association, Seattle-King County Dental Society, and Washington State Dental Hygienists' Association have all contributed. Unfortunately, though, we have leveled off at about \$200,000, and the deadline of Dec. 31 is approaching inexorably. It



an additional \$1 million gift in this fashion, to say the least.

Therefore, I hope that you will come forward and help us reach our goal. I am fully aware of how many of you absorbed major losses of revenue in your practices during the pandemic – just as we did – and are only now finally seeing a return to normal patient flow and income. Nevertheless, I emphasize the stake that all of us have in seeing this campaign through to a successful conclusion. We must not squander this opportunity. Every dollar that you contribute to this effort will turn into two dollars to be invested in our

Not only will there be a direct benefit to the dental community in the form of more dental hygiene graduates, but there will also be lasting benefits for our School of Dentistry. The clinical renovations that we are undertaking will continue to enhance the quality of our facility and our clinical education, well beyond the dental hygiene program, for years to come.

In every conceivable way, this is a worthy cause. I hope you will join it by making a contribution at giving.uw.edu/ dentalhygiene. I continue to be deeply grateful for the support you have always shown our School of Dentistry, and I look forward to celebrating another example of that support.

GARY T. CHIODO, DMD, FACD

Professor and Dean

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LASVEGAS





Dr. Linda Edgar eyes ADA presidency

Dr. Linda Edgar ('92), one of our School's most prominent alumnae, will seek the presidency of the American Dental Association, she has disclosed.

"I decided to run for ADA president about a year ago," Dr. Edgar told the *Dental Alumni News* in late July. "I had several past ADA presidents encourage me to run for this position since I started as trustee in 2018." She discussed her plans with dental community leaders in her district and they voted to support her candidacy, she said. Dr. Edgar will officially announce her candidacy at the ADA House of Delegates meeting Oct. 13-16 in Las Vegas, and the election for president-elect takes place in October 2022. If she wins, she will be ADA president in 2023-24.

Dr. Edgar has already served as a national dental officer, holding the presidency of the Academy of General Dentistry (AGD) from 2013 to 2014. She also served as AGD past president, president-elect, and vice president (2011-15) and served two terms as national secretary (2007-2011). The experience, she said, gave her eight years leading at the national level. She also met leaders from all the other dental specialty organizations and officials with the U.S. Department of Education and the federal Health Resources & Services Administration.

"I believe collaboration is very important, and I know it can move dentistry forward into more new and innovative programs and ideas," she said.

She is a forceful proponent of continuing education and holds an AGD mastership in recognition of more than 2,000 hours of postdoctoral course work. "I had a vision in 1995 to start an educational group to help dentists further their education and become more successful," she said. "The AGD has taken that first study club dream and turned it into a Global Education Center with 12 chairs where they do hands-on supervised CE and treat the underserved at the same time." She also has a master's degree in education and said she knows that helping dentists further their skills after dental school is paramount to

As an ADA trustee, she said, "we have been working on issues I feel are vital to dentists' success. One is insurance legislation to help patients and dentists. Our District XI brought a resolution to the ADA in 2018 to allot money for states to help with better insurance transparency and fairness. That passed as a pilot program in 2018, and now more than 31 states have insurance legislation that has helped members. This has been one of the most successful resolutions I have seen create a difference for dentists."

She is also a member of the ADA's Business Innovation Committee, which has developed a coding course to help dental office front desk staff get better reimbursement. "I am

passionate about creating actual dollar value for members," she said. She will chair the committee next year and will direct efforts to help ADA members realize more savings: "I want ADA members to be able to say, 'Now, that program saved me a lot of money."

If she becomes ADA president, she said, "I would like to do something about the excessively high student loan percentages that are presently charged. If we are creative, I think we can do something about this problem."

"I believe collaboration is very important, and I know it can move dentistry forward into more new and innovative programs and ideas."



- DR. LINDA EDGAR

Another area of focus would be addressing the country's dental workforce shortage. "With my education background" she taught high school and junior high in Auburn, Wash., for 14 years before starting dental school - "I would like to see ADA be more proactive helping young people and diverse groups choose careers in dentistry."

She cited other issues:

- "I am also very frugal with members' money, and as Budget and Finance [Committee] chair" –she will assume that post next year, on top of her Business Innovation duties – "will continue to work to develop new non-dues revenue opportunities while still being generous with ADA service. We need to keep our membership dues as low as possible and be efficient so we can still provide exceptional service to each member."
- "I want all our members to feel special and listened to and connected."
- "We have started investing in digital transformation to use artificial intelligence to meet our members' individual needs for help and information. I would like to see this through."
- "I would also like to see collaborations between specialty groups and general dentistry groups to help each other."

Continued on page 11



By late June, as the numbers of fully vaccinated Puget Sound residents continued to climb, School of Dentistry faculty and student volunteers - not to mention alumni - could take credit for lending substantial help to this critical phase of the battle against the COVID-19 pandemic.

King County was projecting that about 76 percent of all residents would be fully vaccinated by the end of June. Snohomish County reported nearly 66 percent in late June, while Pierce County reported more than 55 percent.

While the nation greeted the initial news of the vaccines and their high efficacy with relief, a massive hurdle remained: getting the vaccines into people's arms. With millions of doses to be administered, there weren't enough doctors and nurses to deliver the shots as quickly as they were needed. Pharmacists could help, but many more vaccinators were still required.

Then, in early January, the state's Dental Quality Assurance Commission responded to urging by the Washington State Dental Association and our School and gave its blessing to dentists who wanted to help. It ruled that administering the vaccine would fall under the dental scope of practice.

Working with UW partners including the Schools of Medicine, Nursing, and Pharmacy, our School swung into action. Dr. Frank Roberts, director of the RIDE program and Acting Chair of Periodontics, and Dr. Sara Gordon, Associate Dean of Academics, coordinated training courses for dental volunteers. Class of 2022 President Courtney Lang did the same for students.

While dentists are familiar with injections, that didn't automatically qualify them to administer vaccines. Intramuscular injections through the skin, for one thing, require more force than dental anesthesia injections through mucosa.

"The main training that I sought out was learning about the people that should not be vaccinated and those that needed extra observation time," said Dr. Mark Drangsholt (DDS '84, Oral Medicine '95), Chair of Oral Medicine. His training revived old memories: "I went through the steps and then I realized that it felt like being a third-year dental student again where I was unfamiliar with a few of the things, even though it did seem

His experience at the University of Washington Medical Center vaccination clinic was relatively straightforward, he said. After checking in a patient and administering the shot, he would fill in and date the vaccination card and apply a sticker before giving it to the patient. Then he would brief the patient on common side effects as well as the kind that should prompt a call to 911.

Some patients did raise caution flags. "A few people had had severe allergic reactions to different agents, and for one patient, we did check with the physician on call," he said. Apparently, this patient had previously experienced a strong allergic reaction to transdermal medication, necessitating an emergency room visit. So instead of waiting just 15 minutes after the shot, the patient was asked to wait 30 minutes to make sure there was no reaction.

"Vaccine Clinic was an interesting and fulfilling experience," he said. "The process that the UW Medical Center had created, I felt, was really good – very safe. It seemed like they had an efficient system, and with eight stations going, seeing that we were processing quite a few people in an efficient way, and we had a safe system with multiple safeguards in place."

The Lumen Field site opened March 13 as the country's largest civilian-run vaccination site.

Dr. Kimberly Espinoza (far left) volunteered at a vaccination clinic in Kent in March along with Class of 2022 students (from left) Awa Seck, Karyl-Lin Yamakawa, Shannon Wilson, and Courtney Lang.

He added, "The people receiving the vaccines were really appreciative. Since my station was right next to the door, I ended up getting a lot of people who needed extra time, or had some type of disability, which was fine." Sometimes even a familiar face would pop up. At one point, Dr. Drangsholt looked up to discover that his next patient was a professor in the UW School of Public Health from whom he had taken a class 35 years ago.

Many volunteer vaccinators returned again and again to the shot clinics. Dr. Peter Milgrom, Professor Emeritus of Oral Health Sciences, started working at the City of Seattle/Swedish Hospital shot clinic at Seattle's Lumen Field Event Center in early February. By the end of April, he had already logged more than 800 vaccinations, and on May 1 alone, his clinic delivered 11,000 shots.

"It has been fabulous to be with dental colleagues working alongside so many volunteers serving the community," he said. "I also taught for a week in the School of Nursing boot camp."

Other volunteers also found the experience satisfying. "I did the vaccine clinic with students on March 14 at the ShoWare Center [in Kent, Wash.], and I will be going again on June 26,"

"It has been fabulous to be with dental colleagues working alongside so many volunteers serving the community."

- DR. PETER MILGROM, ORAL HEALTH SCIENCES

said Dr. Kimberly Espinoza, director of the DECOD program, in May. "It was a joy working with them. They were all very motivated to help out during the pandemic."

"I had a wonderful time working with my fellow thirdyear dental classmates and Dr. Espinoza," said Karyl-Lin Yamakawa of the Class of 2022. She was a student lead in the vaccine volunteer effort.

"While we had a little bit of a learning curve, we were able to get the hang of it and had a great time. When we visited back in March, ShoWare was by appointment only, and we were absolutely filled with patients. Since then, we have





Dr. Peter Milgrom of Oral Health Sciences administers the COVID-19 vaccine at the Lumen Field Event Center.

returned and seen much progress. At our last event, we have been able to see many walk-in patients and gained experience in vaccinating minors," she said in May.

"Our nursing, pharmacy, and medical colleagues have welcomed us with open arms and praise us on our enthusiasm to be part of the vaccine effort. I owe a lot of it to Dr. Espinoza for her generosity with her time and patience as we navigate the ever-changing scene of this pandemic. Honestly, it felt great to just be a part of this larger movement and really see what the future holds for interdisciplinary care in the fields of medicine and dentistry."

EDGAR Continued

"These are only a few of the reasons I have chosen to run," she said. "There are many, many more."

Dr. Edgar and her husband, Dr. Bryan Edgar ('76), practiced together in Federal Way, Wash., for 27 years before retiring in 2020. They have been two of our School's most visible ambassadors and supporters, cochairing our successful "Campaign UW: Creating Futures" from 2000 to 2008 and serving as Dean's Club copresidents. Their generosity as donors has earned them UW Distinguished Benefactor status.

Now Dr. Linda Edgar has her sights on a fitting capstone to her career. As she said: "I would like to see a little less conversation and a little more action. I think I have the leadership skills developed over the last 25 years in dentistry to help pick the best teams to make things happen for our patients and our dentists."

36th Annual DEAN'S CLUB DINNER

SATURDAY EVENING, NOV. 20, 2021

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Dr. David L. Turpin2020 DEAN'S CLUB HONORARY LIFETIME MEMBER AWARD

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Nov. 20 fete to honor Drs. Turpin and Shinn

The Dean's Club was set for its festive annual dinner on May 16, 2020. The pandemic erupted weeks before, though, forcing its cancellation. Now, on Nov. 20 at Seattle's Bell Harbor Conference Center, the Dean's Club will finally have a chance to celebrate its 2020 honorees: Dr. David Turpin will receive the club's highest honor and Dr. Sherwin Shinn will receive the Distinguished Alumnus Award.

Dr. David L. Turpin (Orthodontics '66) DEAN'S CLUB HONORARY LIFETIME MEMBER



Over the decades, our Department of Orthodontics has gained a reputation as one of the world's finest centers of orthodontics research and training. The list of its luminaries over time is truly impressive, including names such as Vincent Kokich, Peter Shapiro, Don Joondeph, Alton Moore, and Richard Riedel.

Dr. David Turpin has long since established himself as a worthy member of this distinguished company. Serving on the Orthodontics faculty since 1971, he has been a research stalwart and has held posts including editor of the American Journal of Orthodontics and Dentofacial Orthopedics and member of the Executive Committee of the World Federation of Orthodontists.

He is the department's outgoing Moore-Riedel Professor, and in August 2018 helped mark the department's 70th anniversary by organizing an international symposium in Seattle to help orthodontists and orthodontic educators refine their evidence-based research skills. Lectures covered not only clinical topics but also advances in technology plus insights into clinical research and the publication process, and critical appraisal of clinical trials.

As remarkable as his record has been, Dr. Turpin has taken it a step above and beyond. During a span of more than 45 years, he has given almost \$200,000 to our School of Dentistry, including a \$50,000 legacy gift to support the Kokich-Shapiro Endowed Professorship. In December 2018, another \$50,000 gift for the Moore-Riedel Endowed Chair played an instrumental role in elevating the fund to an endowed chair. Their cumulative giving has placed Dr. Turpin and his wife, Judy, on the rolls of University of Washington Benefactors and our School's Partners in Excellence. With most of their financial support directed toward the Department of Orthodontics and the Moore-Riedel Endowed Chair and the Kokich-Shapiro Endowed Professorship, the Turpins have helped ensure that the department's excellence will continue well into the future.

Dr. Sherwin R. Shinn ('74)

DISTINGUISHED ALUMNUS



Dentists make a difference in people's lives, but few can boast of doing it on a scale that remotely approaches Dr. Sherwin Shinn's.

In 1990, Dr. Shinn began volunteering his services on dental humanitarian trips around the world. In the years since, he has journeyed to more than 40 countries. He coordinates volunteer teams to

provide dental care, teach oral hygiene, train and supply local providers, and improve maternal and infant health by upgrading conditions in rural labor and delivery rooms.

What makes his impact so far-reaching is that he has not just visited, treated patients, and left. He has helped establish dental services in Nepal, Bolivia, Costa Rica, Guatemala, The Cook Islands, Haiti, Micronesia, St. Lucia, Jamaica, and Uganda. These services have helped more than half a million people.

Dr. Shinn, a pediatric dentist, co-founded International Smile Power and For World Wide Smiles, two oral health outreach organizations. Here in Washington, he has worked with Lindquist Dental Clinic for Children, a community-based, private nonprofit clinic with multiple locations that treats thousands of children from low-income families.

His work abroad has often been done under the most challenging conditions imaginable. On one trip to Uganda, his team had to set up in an open-air shed on the edge of a volcanic crater lake. The wind blew sulfur dioxide fumes from the volcano into the dental team's faces and noses, and the fumes reacted with sweat and quickly became sulfuric acid.

His humanitarian dedication has earned recognition including the American Dental Association's 2013 National Humanitarian Award, 2017 Champion for Children Award, 2003 WSDA Citizen of the Year, and the 2003 Jefferson Award, the nation's highest recognition for public service.

As he told the ADA when he received his award: "It's humbling to see how people are afflicted and know that you have the capability to fix it."

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Arcora Distinguished Professor panel outlines dental trends in a rapidly changing world

Planning for this year's Arcora Foundation Distinguished Professorship in Dentistry's traditional symposium started in 2019 with an ambitious theme: The Changing Face of Dentistry. A dramatic succession of events, however, ensured that the symposium would be anything but traditional – and that the face of dentistry was about to change in ways few could have foreseen.

Dr. Linda LeResche, who was named the 10th Arcora Foundation Distinguished Professor in 2019, wrote a summation of the symposium, which took place virtually in two sessions this May. She noted that the Covid-19 pandemic not only raised uncertainty about the symposium, which is customarily a live event. It also had an impact on the topics to be discussed, as did other events.

"The pandemic heightened the salience of some ongoing trends, disrupted others, and introduced totally new problems and possibilities," Dr. LeResche wrote. "Later events of 2020, including the murder of George Floyd and the ensuing heightened awareness of the depth of inequity, including health inequity, in U.S. society sharpened the focus of the symposium."

In addition to moving online, the symposium shifted to a discussion format with four panels of experts. They focused on four areas:

- Demographics and access to care (Dr. Judith Albino of the University of Colorado; Dr. Jocelyn Feine of McGill University; Dr. Marita Inglehart of the University of Michigan; Dr. Christopher Okunseri of Marquette University)
- Innovations and new technologies (Dr. Alexandre DaSilva and Dr. Laurie McCauley of the University of Michigan; Dr. Michelle Robinson of the University of Alabama; Dr. Wenyuan Shi of the Forsyth Institute)
- Scope of practice and interprofessional interactions (Dr. Sara Gordon of our School of Dentistry; Dr. Christine Riedy Murphy of Harvard University; Dr. Christian Stohler of Columbia University; Dr. Marko Vujicic of the American Dental Association)
- Practice structure and organization (Dr. Kathryn Atchison of UCLA; Dr. Jeffrey Fellows of Kaiser Permanente NW; Dr. Ron Inge of Delta Dental of Missouri; Dr. Richard Valachovic of New York University)

Each panel produced a draft report, whose findings were summarized during a continuing education presentation that offered attendees the chance to discuss the issues. Dr. LeResche has also written up the symposium proceedings for *JDR Clinical and Translational Research*, a journal published by the International Association for Dental Research. No publication date has yet been set.

The innovations panel identified these major trends: electronic dentist-patient communication; biologics for diagnosis and treatment; digital dentistry, and real-time optimization of information technology. Patients will want and demand more control over their dental care, the panel determined.

Among other things, the scope of practice panel concluded that the ADA's Commission on Dental Accreditation should be asked to rethink the dentist's role as "tooth surgeon" and shift it to that of oral physician with a focus on diagnosis, prevention, and disease management.

The demographics panel's findings included one that access to oral health care may improve overall health but will require increasing insurance for adults and addressing systemic inequities.

"The pandemic heightened the salience of some ongoing trends, disrupted others, and introduced totally new problems and possibilities."

DR. LINDA LERESCHE,ARCORA FOUNDATION
DISTINGUISHED PROFESSOR



The practice structure panel determined that teledentistry will become a key feature of dental practice and that the integration of medical and dental practice will continue, but slowly. The panel also forecast that the increased availability of do-it-yourself dentistry will challenge the traditional practice of dentistry.

The Arcora Foundation Professorship was created in 1987 with state funding matched by the Washington Dental Service Foundation, which later became Arcora. The Distinguished Professor is asked to organize and publish the proceedings of a symposium focused on current issues in dentistry, with a look to the future.

Dr. LeResche, now Professor Emeritus of Oral Medicine at the UW, was our School's Associate Dean for Research and Faculty before retiring in 2019. At the time of her retirement, Dean Gary Chiodo praised her own work as a researcher and said: "Her accomplishments have been recognized at the national and international levels. She has led our research mission with a strategy that advanced our institutional standing in the world while consistently advocating for individual faculty-researchers."

Hungate affiliate faculty awards go to Dr. Selipsky and Dr. Wentworth

The 2021 Hungate Teaching Awards, our School's highest recognition for affiliate faculty members, have been bestowed on Dr. Herb Selipsky and Dr. Rod Wentworth. Dr. Selipsky (Perio '73) received the Hungate Lifetime Teaching Award, while Dr. Wentworth ('81) received the Hungate Distinguished Teaching Award.

The awards were created in 2014 to honor the memory of Dr. William P. "Mitch" Hungate ('78), a beloved affiliate faculty member who taught at our School for 33 years until his untimely death in an avalanche in the Cascades in 2013. Dr. Hungate, an avid outdoorsman and triathlete, was known for his dedication to excellence in and out of dentistry.

Dr. Selipsky, who has been nominated for the award several times previously, served as a full-time faculty member from 1972 to 1989, then as an affiliate faculty member from 1994 to 2021. He has spent 50 years in teaching and research with our Department of Periodontics, and has been a leader in the department's alumni group. He has also led the Schluger-Ammons Study Club.

"[Dr. Selipsky's] quick wit and clinical acumen make him an incredible resource during patient evaluation, treatment planning and surgery."

Comments from Periodontics faculty and students accompanying his nomination included these:

"His quick wit and clinical acumen make him an incredible resource during patient evaluation, treatment planning and surgery."

"He brings his jovial attitude and sage counsel to every Tuesday morning clinic session, making that time a favorite for the residents."

Dr. Wentworth, whose distinguished career includes a term as president of the Washington State Dental Association, has served on the affiliate faculty for 20 years while also practicing privately. Although he has taught in different capacities, he is particularly well known for his work as lead educator for our ethics and professional courses. His annual "Sticky Situations" ethical lectures have been especially popular, made even more so by his enthusiastic, approachable style. He has served on several School of Dentistry committees and has been active in the American Dental Association at the local, state, and national levels. He has also served on the WSDA's Judicial Affairs, Ethics, and Peer Review committee and chaired the ADA's Council on Ethics, Bylaws, and Judicial Affairs.







Dr. Herb Selipsky

His nomination by several faculty colleagues included this: "As an expert practitioner and effective manager of a stellar private practice, he selflessly shares his pearls and know-how with dental students to better prepare them for the real world. ... As the founder and board member of the Washington Health Insurance Malpractice Committee, and contributor to the risk management manual for the Claims Committee for Northwest Dentists Insurance Company, his knowledge is immeasurable. Our students, colleagues, and School are privileged to call him one of our own."

"As an expert practitioner and effective manager of a stellar private practice, [Dr. Wentworth] selflessly shares his pearls and know-how with dental students to better prepare them for the real world."

New endowment boosts DeRouen Center

A new endowment for the Timothy A. DeRouen Center for Global Oral Health will boost the center's programs, including its oral health research capacity in low- and middle-income countries.

Dr. Timothy DeRouen, who founded the center in 2013, and his wife, Cheryl, funded the endowment with a gift this spring. Dr. DeRouen said the gift's intent was to provide additional flexibility for Dr. Ana Lucia Seminario, the center's current director, in developing new projects.

"It just came from my realization that the Center's funding is usually tied to specific projects, and it would benefit from having some unrestricted funds that could be used to pursue new ideas as they arose," he said.

"We have a very clear idea on how we can use these [funds], the main one being increasing the research capacities of our sites," said Dr. Seminario. "Specifically, we are going to set up research awards that are going to be for pilot projects and grants at our sites that will look at different things according to what our collaborators at our sites believe are of high priority."

In Kenya, Drs. Dalton Wamalwa, Arthur Kemoli, and Seminario received a National Institutes of Health grant to develop a training program to create sustainable institutional capacity in research and training for oral health and HIV/AIDS.

In Peru, the Universidad Peruana Cayetano Heredia celebrated its fifth anniversary of an oral health specialty in dental public health which trains professionals who can research, develop, and manage oral health interventions at the population level with humanistic and ethical training.

In Thailand, researchers from Khon Kaen University finished the Nasal Creator Device for cleft lip and palate patients. It serves as an efficient nasal retainer without the need for additional devices, and helps reduce the use of medical tape, which can cause skin allergies and irritation among some patients.

The work of the DeRouen Center in

Seattle is closely related to that of the

UW's Population Health Initiative, for

which Dr. Seminario is an advisor. "It's

president, Ana Mari Cauce, and it's been

such an ambitious initiative by our



refugees, Dr. Seminario said.

very successful, and there are several areas where we cross paths," she said. Dr. Ana Lucia Seminario The Population Health Initiative and the DeRouen Center are working to increase access to oral health care among refugees in Washington, one of the top three states in welcoming



Cheryl DeRouen and Dr. Timothy DeRouen

"There are only seven clinics authorized by the [Washington State] Department of Health to conduct the medical examination needed for the refugees' resettling process, and oral health is not included at any of them," she said. "That's why working with the Public Health Initiative, looking at refugee health and oral health, will definitely be a key area for interprofessional collaboration."

One long-term goal for the DeRouen Center is to integrate oral health with other medical fields and projects. "For example, how to integrate oral health research within current tuberculosis efforts in South American countries, like Peru," said Dr. Seminario. "[We're] thinking about how we can work with our collaborators and insert the need of good oral health within those lines of research."

She also finds personal rewards in the center's work: "Working in global health expands your knowledge of cultural competence and history and historical backgrounds, and you enjoy the differences in what some everyday regular expressions can be. It's always fascinating to see how language and accents vary by the site you work at."

"The DeRouen Center for Global Oral Health has been one of the School of Dentistry's crown jewels since its founding," said Dean Gary Chiodo. "The center has achieved impressive success in its programs in Kenya, Thailand, Peru, and Seattle. Promoting values that span sustainability, collaboration, advancement, innovation, and compassion, the center's work has improved the health of populations while leading research efforts that ensure future benefits."

- Jethro Swain

Campaign for Clinics: a good start, but only a start

The changes are both subtle and obvious: Plexiglass dividers in the pre-doctoral clinics. A "Laser Level in Use" sign on the door of the B-350 clinic. New dental chairs in clinics that had been making do with dilapidated models as much as 20 years old.

These are some of the changes wrought at our School of Dentistry by the Campaign for Clinics since its advent two and a half years ago. To date, the campaign has recorded about \$3.4 million in gifts and pledges. As of June 30, about \$2 million in clinic renovations and upgrades had been completed with campaign funds. Much more work is needed, not only on current projects but future ones, with costs far exceeding the funds raised by the campaign.

The most extensive renovation thus far is taking place in B-350, formerly the home of Oral and Maxillofacial Surgery and now the new home of the Shoreline Community College dental hygiene program. Work is also proceeding in B-154, which had been a research lab and support offices, but now will be the Dental Hygiene Simulation Clinic and offices.

Clinic improvements to this point include:

- · Covid-19 emergency updates, including plexiglass barriers and other equipment
- Endodontics radiology upgrades and repairs
- · Dental Urgent Care Clinic chair replacement
- Campus Dental Center (faculty practice) sterilization equipment
- Orthodontics sterilization equipment
- · Monitoring/communications/education software and hardware upgrades in the D-1 Simulation Clinic
- Third-year predoctoral clinic operatory hardware upgrades

However, while the campaign started well, the pandemic put a serious crimp in fund-raising, especially after last year's lockdown decimated dental office revenues. Now that the situation has improved, Dean Gary Chiodo and alumni

leaders emphasize that the urgent needs that prompted the campaign have not diminished. Major work remains to be done in the D-1 Simulation Clinic; the cost of the B-350 renovation exceeds initial estimates; and more dental chairs must be replaced, along with cabinetry and other equipment.



Dean Chiodo has also noted that not only the School's infrastructure is long overdue for improvement. At the outset of the campaign, he said: "We also must ensure that our clinical technology is current. This includes provisions for electric handpieces, digital dentistry, cosmetic procedures, microscopes, and planning for dental technology of the future." He also wrote of his intent to create a funding stream for maintenance and advancement to ensure that future upgrades would be more manageable.

As Dr. Jeremy Chaison ('06), president of our UW Dental Alumni Association, said in his message in this issue: "The modern economic reality of institutions of higher learning has shifted. We can no longer wait for the state to support desperately needed upgrades in technology and infrastructure. If we are going to realize the vision of creating a 21st -century dental school, we must step up as a group and support the endeavor."

How to donate

To make a gift to the Campaign for Clinics, go to https://dental.washington.edu/alumni-friends/give/ make-a-gift/ and look for the Dentistry Campaign for Clinics and Equipment in the list of funds. To learn more about the campaign, contact Randy Newquist at randyn@ uw.edu, Doug Day at daydoug@uw.edu, or Debbie Knight at debbiek@uw.edu.

Led by Delta Dental of Washington with a \$1 million gift, major gifts and pledges have come from individuals and organizations alike. Other donors include:

J. Gordon Holyoak \$25,000

Bien-Air (in-kind gift) \$386,600 Firstar (in-kind gift) \$223,800 James McGraw \$109,000 Dean Gary Chiodo \$100,000 Jason Bourne \$100,000 Tom Davidson \$40,000

Rick Taylor \$40,000 Tina Olsson \$40,000 Ronald & Sandra Snyder \$40,000 **Permanente Dental Associates \$25.000** Carrie York \$25,000

Nhi Pham \$25,000 David Minahan \$25,000 Albert Leonard \$25,000 Robert Kendig \$20,000 Paul A. Nelson \$20,000

Dr. Miguel Stanley to present 50th-anniversary Jones Lecture

Our alumni are familiar with the legacy of the School's first dean, Dr. Ernest M. Jones. He essentially built the School from scratch in 1945, hiring faculty, selecting students, arranging for a permanent facility while working from temporary quarters, and creating a curriculum. He also established an enduring tradition of excellence.

So when the School wanted to launch a signature event for its continuing education program, it was only natural that the lecture honor the memory of Dean Jones. Next year will mark the 50th anniversary of the Dean Ernest M. Jones Memorial Lectureship, which has produced a succession of outstanding speakers such as Dr. Gordon Christensen (Rest Dent '63), Dr. John Kois (Grad Pros '82), and the renowned triumvirate of Dr. Vincent Kokich ('71, Ortho '74), Dr. Frank Spear ('79, Grad Pros '85), and Dr. David Mathews (Perio '74).

For most of the lectureship's history, the speakers have been selected by a committee chaired by Dr. Deck Barnes ('69), whose own distinguished career has included the presidency of the Washington State Dental Association, the Washington Oral Health Foundation, and the International College of Dentists. He was named our Dental Alumni Association's 1998 Distinguished Alumnus, and in 2017 received the Dean's Club Honorary Lifetime Member Award.

For this landmark anniversary lecture, the committee has booked Dr. Miguel Stanley, founder and director of White Clinic in Lisbon, Portugal, who has given presentations in more than 50 countries during the last 20 years. His "No Half Smiles" treatment philosophy embraces the construction

of a new smile entirely from a biological, function and aesthetic perspective, and his "Slow Dentistry" philosophy helps dentists understand the importance of going slow at critical moments.

Dr. Stanley's lecture on "Life-Changing Dentistry" will be in four parts:

- Are consumers and technology driving the future of dentistry?
- The "No Half Smiles" philosoph or. Miguel Stanley
- Minimally invasive digital dentistry: new materials and technologies
- Slow Dentistry

He will discuss cases from minimally invasive digital dentistry applied to natural teeth and implants, with complex cases covering all areas from orthodontics to periodontics, along with minimally invasive cosmetic dentistry.

The lecture is scheduled to be held live in Kane Hall on the UW campus. For more information or to register, go to the continuing dental education section of our School's website, found under the "For Dental Professionals" drop-down menu on the homepage (https://dental.washington.edu).

Help us boost our cranial capacity!



Thanks to our donors who have sent in more human skulls for instructional use at our School of Dentistry! Since our last issue, we've received skulls from Dr. Stephen Beard ('76), Dr. Norman Culver ('59), Dr. Roger Anderson ('76), Dr. Clarence Freeman ('72), Dr. Ed Wall ('67), and Dr. Hilton Herrin ('85).

The skulls are used in a School of Medicine pre-doctoral course on medical and dental anatomy, and also in a School of Dentistry postgraduate course on head and neck anatomy. They must be actual human specimens – not plastic – and in reasonably good condition, with no major parts missing or broken.

Skulls should be sent to Dr. Kathy Rafferty of the Department of Orthodontics, 1959 N.E. Pacific St., Box 357446, Seattle, WA 98195. If a tax deduction is desired, donors should state the skull's valuation in an email (to kraff@uw.edu) or in writing. Our School can then officially acknowledge the donation.

Student helps Native youth with career guidance

This spring, Lindsey Montileaux Mabbutt celebrated two graduations: her own from the UW School of Dentistry and that of 10 students from her Dreamstarter program.

Thanks to the Dreamstarter grant, given by Running Strong for American Indian Youth, Mabbutt could establish and complete her program, which educates Native American youth on careers in health care.

Running Strong for American Indian Youth is a nonprofit that helps Native American communities meet immediate needs while creating opportunities for self-sufficiency and self-esteem. The organization was established by Billy Mills, who won the 10,000-meter run at the 1964 Tokyo Olympics. He is the only American ever to win gold in the event.

Mabbutt started the program last Nov. 1, and it culminated on May 2 with a graduation ceremony for 10 students who participated in seven monthly online sessions. The students represented 15 different Native American tribes, and the program was open to any Indigenous student interested in health care careers.

Mabbutt, who is enrolled in the Oglala Sioux Tribe in South Dakota, was inspired to create the program by her own struggles in college. "I'm a first-generation college student and I had no idea how to navigate higher education," she said. "I went to many, many pre-admissions workshops during my time in undergrad, and then even still after finishing my master's in public health I really wasn't sure which career to pick." After completing her master's degree at North Dakota State University, Mabbutt wanted to pursue a career in the medical field. She even took the Medical College Admission Test without being certain that she wanted to go to medical school.

"I ended up attending a dental-focused workshop that was actually funded through the same team, Running Strong with Billy Mills," she said. "We got to do a lot with our hands, and the hands-on part of it really struck home with me, and I said, 'Okay, I know this is it, this is what I want to do." Mabbutt said that the Running Strong program she attended walked her through the application process and explained her chances of getting into different schools.

"I just had more confidence to pursue dentistry at that point, so from my own experiences I wanted to replicate that same sort of program for other Native students and then start earlier, start in high school, because I really struggled when I was in college."

Mabbutt reached out to Dr. Bea Gandara, who directs the School of Dentistry's Office of Educational Partnerships and Diversity (OEPD), to help her with the Dreamstarter grant

application. "Especially since I was an attendee for one of the Running Strong's programs, I knew about Dreamstarter, but I never had the infrastructure to actually apply because the funding, and a lot of the on-the-ground work has to go to a nonprofit," said Mabbutt.

"I was very happy to support Lindsey in this program, because she and I have worked together since before she started dental school to encourage underrepresented minority youth to pursue dentistry and other health professions," said Dr. Gandara. "She had good experiences participating in programs like this herself and wanted to bring this to the UW School of Dentistry."



Dr. Lindsey Montileaux Mabbutt

Once the funding was secured, Mabbutt established a lesson plan for the students. "Each month was dedicated to a specific health-care profession. They were mailed boxes, and within each box we included hands-on activities and information for that profession," she said. "So for dentistry, the box they got included information about dental school, and we included a soap-carving activity where you carved teeth out of soap. For our veterinary medicine day, they got animal models, and [for the] nursing day they got a stethoscope kit." Mabbutt also reached out to Native public health professionals to speak to the students.

Now Dr. Mabbutt, she has accepted a job with the Swinomish tribe in Washington as a general dentist. She is confident that her program will continue. "The school has agreed to try and make the program sustainable, and [although] we don't have the official funding from Dreamstarter to do this next year... they do have opportunities for us to re-apply, so I think the chances of us being able to continue the program are really high," she said.

"I am very satisfied with the way the program turned out," said Dr. Gandara. "We will seek more funding and hope to continue with a hybrid model where we can have online sessions and also meet with the students at their schools or at the dental school to build a supportive community."

- Jethro Swain

"We are the shoulders that people stand on" Women alums from the 1970s tell what it was like to usher in a new era

In 1950, four years after opening, our School of Dentistry admitted its first woman, Doris Stiefel. But not for another two decades would more than a handful of women be admitted.

The change came under the 1973-77 deanship of Dr. Sheldon Rovin, whose activism heralded an often stormy, relatively brief tenure. However, his advocacy to admit more women ushered in a new era for the School and left a lasting imprint.

Even as the feminist movement gathered force, dentistry was still overwhelmingly a male profession. The seeds of change had been planted at our School, though, and the *Dental Alumni News* asked a group of alumnae from that time to join a Zoom panel to discuss their experiences. (One of them, Dr. Diane McIntyre, was unable to join the Zoom, but later contributed her thoughts by email.)

Their recollections – candid, thoughtful, sometimes humorous, sometimes painful – cast a fascinating light on a pivotal time in our School's history. The discussion has been edited for length and clarity.

OUESTION

What led to your applying to dental school? Did Dean Rovin have any influence on your decision?

Dr. Jean Martin: I was married during my final year of undergrad, to a first-year dental student, and I went to the dental wives' meeting. Shel Rovin was the speaker there and he said, "We're hoping that women – well, some of you – might think about joining your husbands in dental school." This would have been the fall of '73. After the meeting, I approached him and I said, "I'm going to graduate in June with a bachelor's in microbiology," and he said, "I hope you apply. Are your grades good?" I said yes and I did apply. But I had never really considered it before that. I mean, I spent summers counting microbes under a microscope and thought, "I don't want to do this 20 hours a week." But he was very encouraging.

Dr. Susan Robins: I had a very negative experience. When I was a freshman, I decided I couldn't stand to spend all my life in a chem lab, so I started looking for other things to do. Dentistry and medicine were both on the list, and pharmacy. I went to the recruiter who had information about pre-med and pre-dental requirements. I told her I was interested in dental school, and could she tell me whether my credits would transfer and whether that would be a good choice for me. She brought me over a manila folder with information about the dental hygiene program and I said, "Oh no, I didn't mean hygiene, I meant dentistry." She came back with another folder, and it was for the medical school. And I said, "Are the dental and medical requirements the same?" She said, "No. You mean dental school? I don't think they let women into the dental school." That was the woman who was responsible for recruiting people into the dental and medical schools. And she didn't even know that at that moment there was a woman at the school.

Women made up about 20 percent of the class that matriculated in 1974.

Dr. Karen Bloomquist: When I applied to dental school, my husband was on faculty. I was very aware that there had been a shift in the school because of things I heard from him. I don't actually remember how he felt about it, but I'm sure he told me. But it was really a moving left, if you will, within the dental school because of Dean Rovin. There was a Fears Clinic, the Dental Public Health Clinic, community dentistry. I don't know if DECOD [Dental Education in Care of Persons with Disabilities] was up and running before that. I think that was not new with him, but I'm not sure.

Dr. Susan Adams: As I was from the east side of the state, I didn't know anything about the dental school or the changes that Dean Rovin was instituting. Later, as student body president, [I found] he was very approachable, very open. I had a great working relationship with him and really enjoyed that. When I was applying to dental school, I was working at Sacred Heart Hospital in Spokane. When I told one of the interns that had graduated from UW Medical School that I was applying, he just started laughing. He said, "That's the last male chauvinist stronghold. Go get 'em!"

Dr. Bloomquist: And it was a restorative dentistry stronghold. That was the beginning of the chipping away at the good old boys, but I think it took a long time.

Dr. Carol Friedel: I had been a dental assistant and dental technician. My husband was in the service, and we lived down at Fort Lewis for about six months after he came home from Vietnam. And then I didn't want to go back into dentistry because I didn't think there was much I could do, and I knew that women weren't dentists. I did know that because I'd worked in dentistry for about four years. So I went to work for People's Bank. I worked in branch administration for the people who ran the bank, and I watched women at that time who had the same degrees as men. Those women, their job was to teach the men how to run the bank. That's what they

did. And so I decided that I was going to go to school. I hadn't been to school at all, and I was 25 at that time. Looking around me at the people who ran the bank, I thought, "These people are not that smart. I think that I'm going to do something, but I don't want to go into business because women in business just train men to run the place, and I sort of like to run the place." So I thought I would go into medicine or dentistry.

I did get in [to dental school], but I didn't really understand until I started to apply for financial aid. I went to the bank that I had worked for, and the only aid available other than government loans – all of the other trusts and so forth – they were all only for males. I thought that was very interesting, and people said to me, "Why don't you sue?" And I said, "I'm not interested in suing. I'm just interested in getting in and doing the job. I really don't want to be a test case for anything." So those trusts did eventually get busted. I certainly didn't help. But I did get into dental school, for which I've been forever grateful. It has been a wonderful career. I've been retired now for 13 years, which I love too. But I wasn't really aware of what was happening until I got in and, being a little older, I think that it hampered my experience. You know, I had seen all that before.

Dr. Pollene Speed-McIntyre: I came in a couple of years after these ladies, and Dean Rovin – I didn't know him that well, but I knew that he was causing a lot of action. And once they started accepting women, it took a community of people - Dr. Millie Russell, and [Dr.] Rosalie Miller, and [Dr.] Albert Thompson, who's a physician, and businesspeople. It took a community of people to really push the administration to do something [to admit students of color]. My cohort had five: two African American males, a Hispanic male, a Filipino male, and myself. People need to understand that this was not something that just came about. These community activists really had to push that school to open the doors and then they looked at who would be a good fit. That's why there was so

Buccal Fat Pads crush People, 27-12, in crucial IMA contest

By Bob Lord
A step towards women's equality was taken on the intramural football area Wednesday, when Buccal Fat Pads defeated People 27-12 in a flag football

This was the first all-women's intramural football game. The women have played co-rec, but that was the extent of their participation in football.

Being the championship game, more-was at stake than just a win. The champions in any intramural sport this year receive beautiful t-shirts that say they're the University of Washington's intramural champions.

The pre-game activities included limbering up their legs and arms followed by a picture-taking ceremony by the IMA photographer.

Seven women for each team took the field and the ball was placed on the 15 yard line to begin the game.

People had the ball first and its initial play proved typical of the entire afternoon. The quarterback, Vicky Verhulp, took the hike and tried to follow the center up the middle like a quarterback sneak. This was an unusual call for the first play of the game, but both teams were familiar with using devious strategy.

On the second play of the game Buccal Fat Pads' Sue Hollingsworth intercepted a pass from Verhulp.

The first offensive play for Buccal saw Hollingsworth run for 10 yards. Peggy Voltalini, the quarterback, completed a pass to Sue Meginity-Morgan and finally for a touchdown to Sue Boettcher. Jean Fisher ran in the extra point.

After their first series of downs for Buccal, it was plain to see their passing game was lethal.

People came back quickly. It was Verhulp running for five yards followed

true. The prettiest pass was a 35-yard spiral into the wind, thrown by the numb hands of Verhulp, for People. It was in-

Buccal got the ball first in the second half, but were stifled. People likewise could do nothing.

The next time Buccal had the ball they scored in five plays. The biggest play was a 20-yard run by Hollingsworth.

Their arsenal of tricky plays helped, also. The first was a lateral from Voltalini to Ingram and then a pass back to Voltalini. The touchdown was scored on a

talini lateral to Ingram. The extra point, on a pass from Voltalini to Ingram, made the score 21-6.

People immediately came back on a pass from Verhulp to Peggy Laffey and a 30-yard touchdown run by Verhulp. The point after touchdown was no good.

A 45-yard end-around touchdown run by Sue Boettcher for Buccal completed the scoring as the extra point was

The game was surprisingly hard hit-ting and well played by both teams, but Buccal Fat Pads went home with new pass to Hollingsworth, after another Vol- shirts, while People just went home cold.

Washington strides for high finish in C-C finals

The women made their mark in intramural sports, winning a football championship in 1975.

much pressure on us to do well. And it really was selective, and actually, community members – I can't remember the businessman, but he put money forth to help promote this. So the school really didn't do this on their own. It took a community effort, and people need to understand that. The only reason minorities started at the school was because someone said, "This is not right, and we need to do something about it." That's the truth.

Dr. Robins: I want to give a shout out to Rosalie Miller. She was my vertical group advisor and a mentor, and she just was a fabulous woman, so I'm glad you mentioned Rosalie. [She] really helped me. I felt like she was a friend as well as a mentor. It was wonderful to be able to know her and to be with her.

Dr. Bloomquist: Bertha Barriga was on faculty at that time

Dr. Adams: I have a story about Rosalie Miller. I received a memo one day to go see Rosalie Miller. I had no idea who she was, didn't know what it was about. I go up to the room and I'm looking in, and the chair back is [facing] me. I honestly don't know if I saw what she looked like at all - white, Black, whatever - all I knew was Rosalie Miller. And it didn't say Doctor, it didn't say anything. I hesitated because I didn't want to call her Rosalie, you know? I finally said, "Mrs. Miller?" She whipped around in that chair, and she looked me up one side and down the other, and she said, "That is Dr. Miller." And so we didn't get off to the best start. I thought, "You're right. I should have at least have been mistaken on the high

OUR PANELISTS

Dr. Susan Adams, Class of 1978

Dr. Karen Bloomquist, Class of 1978

Dr. Kathryn Buffum, Class of 1978

Dr. Carol Friedel. Class of 1978

Dr. Jean Martin, Class of 1978

Dr. Diane McIntyre, Class of 1979

Dr. Susan Robins, Class of 1979

Dr. Pollene Speed-McIntyre, Class of 1980



"When I was applying to dental school, I was working at Sacred Heart Hospital in Spokane. When I told one of the interns that had graduated from UW Medical School that I was applying, he just started laughing. He said, 'That's the last male chauvinist stronghold. Go get 'em!' "

DR. SUSAN ADAMS

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side." But, you know, I have biases and prejudices, just like the males did. I'd see a woman and the first thing I thought was "hygienist" or "administration."

Dr. Martin: I didn't have the opportunity to work directly under her, but I remember she wore skirted suits. I remember being excited to someday wear a Rosalie Miller suit. She was really an inspiration. There she was, and she was doing what she was doing, and sometimes the men had to do what she said, and it was like "Whoa, does that really happen?"

Dr. Kathryn Buffum: She was probably the first role model woman [I encountered] in dentistry. I didn't know her going into dental school, but I actually grew up in her neighborhood and her daughter was in my class all the way through school, and so what I was seeing was a woman who was a dentist who also had a life and was inspiring to me. I didn't have an idea that you could actually do that and have a family – my vision was very narrow. So she was inspirational.

Dr. Speed-McIntyre: She was the mother of the bride at my wedding because my mom couldn't come, so I was with her. She was a great inspiration. We talked about that.

OUESTION:

Who encouraged you to choose dentistry as a career? Did you have influential mentors? Were your parents or other family members supportive?

Dr. Diane McIntyre: For starters, I found biology to be fascinating. So, for a 1950s girl, nursing, right? Then I tried to picture what the job would actually entail and felt squirmy about taking orders from physicians all day. So my dad asked me, "Why not become a physician?" I then started down that path – UW pre-med coursework –and was detoured by a woman periodontist who was skiing at Alpental and I was her server. She engaged me in conversation and said she was on a mission to get more like-minded people into dentistry. I know



Dr. Rosalie Miller (left) of the School of Dentistry faculty was a role model and inspiration for any number of women students, among them Pollene Speed (now Speed-McIntyre).

of two other women in my class she inspired, and also a man. She subsequently coached me on what to say to make it sound like I had a clue what I would be getting into.

I was so excited to be admitted. I felt so fortunate to be given a place in the program. I was thrilled that the various courses were related to each other, unlike my undergrad experience. I pretty much had stars in my eyes. I'd always looked up to adults and continued that perspective with all the adults who made the dental school experience happen.

Dr. Bloomquist: I had spent a lot of time in the dentist chair because I was pre-fluoride and had bad genetics, and so I was aware of dental hygienists at my dentist's office. So I went to Dental Hygiene at [high school] Career Day, and I guess I knew then that I wanted to work – that I didn't want to be at home every day of the week. And dental hygiene would allow me to work part time, full time. It paid well enough to deal with child care, and so that's what I ended up doing. And then time passed and I got restless, and I knew that there were two women in the class ahead of us, two or four, I don't remember. And I said to my husband, "What do you think of my going to dental school?" And he said, "I think it's the best idea you've had." So like you, Carol, I crammed in some stuff in one year and then got into dental school. But when I told my parents that I was going to go, my dad said, "Why would you want to take the place of a man? You have a husband who can support you." My dad said that. And I will say, once I was in practice, he was very proud, and he came to me as a dentist. But that was his initial response.

Dr. Robins: I got a similar response from my mother. When I called her, all excited, that I had figured out what I was going to study, and I told her, she said, "Well, if you're going to go to school for that long and spend that much money, why don't you become a real doctor?" She eventually came around too.

Dr. Martin: When I applied, you had to have a recommendation from your family dentist, and so my packet was in and I would check to see if my application was moving through. And they said, "We're missing the letter from your dentist." So at horrible high-cost long distance rates, I called my mom and I said, "Dr. X hasn't written the letter for me." She said, "I'll go over there." So she goes in, and the receptionist told my mom that this dentist just didn't believe women belonged in dentistry and he wasn't going to write it. So my mother, who was a very get-along-with-everybody person, said, "We've been patients of yours for 20 years. I'm going to sit in this chair in this waiting room and I'm not leaving until I have that letter in my hand." I think there were three sentences, but it checked the box. I just kind of marched along thinking whatever they said was what I had to do. But looking back on it, that was a huge barrier for some people to get into dental school.

Dr. Friedel: I remember telling my father that I thought that's what I was going to do, and he said, "Honey, I just think you're too soft for that." Those of you that know me, you're laughing at this now, but the fact that I do cry at sunsets is a problem. Nevertheless, I always knew that I liked to run stuff. Some of you remember that my dad died three months before I graduated. So he never got to see that, but he was very proud of me. But I can remember in school that one of the affiliates said, "I just don't know how you girls are going to do this. I'm just not sure that your patients are going to accept that." I have found that throughout my life, that has really been not an impediment, but it has been really something that has helped me.

I can remember when I first went into dentistry, I worked for Group Health, which no longer has dental clinics. But I ran a clinic out there, and that was a great experience. My name was not on the paychecks, but I got this whole clinic to run, and it



"[The recruiter] brought me over a manila folder with information about the dental hygiene program and I said, 'Oh no, I didn't mean hygiene, I meant dentistry.' She came back with another folder, and it was for the medical school. And I said, 'Are the dental and medical requirements the same?' She said, 'No. You mean dental school? I don't think they let women into the dental school.' That was the woman who was responsible for recruiting people into the dental and medical schools. And she didn't even know that at that moment there was a woman at the school."

DR. SUSAN ROBINS



"I was so excited to be admitted. I felt so fortunate to be given a place in the program. I was thrilled that the various courses were related to each other, unlike my undergrad experience. I pretty much had stars in my eyes."

DR. DIANE MCINTYRE

was a wonderful experience. And then I bought a practice of an old fellow in Ballard. He and I were probably the original odd couple. He did insist that I join a gold foil study club, which I was in for many, many years. In the Medical Dental Building, they had a dental clinic, and a lot of study clubs were up there. We were up there and then we would have a discussion afterward and then go to dinner. During the discussion, one of the really older mentors was talking and he was coughing away, and every single man is sitting there. So I got up and got him some water, and he said to the group, after he accepted the water, he said, "See, this is why women are going to do well."

I think that's true. You're sensitive to your patients. I mean, we would have all kinds of things for patients. Just normal things, like blankets heated when they came in, that kind of stuff, and they would say, "Ah, I never had this before." It's just like let's be sure people are comfortable, treated the way you want to be. That's just been my experience with how people sort of eventually just said, "Okay, this works, let's move on with it." So we are anything but victims.

Dr. Speed-McIntyre: I remember my first week of dental school, the professor, a male, had the question to the class: "Who do you think is going to make the best dentist, men or women?" That was the first week. And I said, "Well, I think women are going to be better dentists," for the same reason Carol was saying, and they booed me, those guys in the class. They made me feel like I was *that* tall. I was kind of upset, so I went to Dr. Miller and she said, "Well, at least you're talking." So that was kind of my beginning about how people felt about women being in dentistry.

Dr. Adams: I didn't have a father to be negative, and my brothers knew better than to ever get in my way. But my mother was always very supportive. I'd wanted to be a physician for as long as I could remember. In fact, I know she was disappointed that I went into dentistry over medicine. But I got married fairly young, and my husband did not want me to go into medicine. He had been raised Christian Scientist and there were other reasons involved. So I fumbled my way through school, like you guys. I majored in biology but took medical technology courses, hoping that his thinking would change over time. When I was accepted into the medical technology program, I said, "I don't want to do this." What's funny is he's actually the one that suggested dentistry.

He knew I wanted to go on to school. He'd always been very supportive of me achieving whatever I wanted to achieve, and he said, "How about being a dentist? It's got everything you want in medicine, but you have better hours, you don't have an internship and residency, all that." He said, "Go talk to my dentist," and that happened to be Jim Harken, who I believe was a 1959 grad of the UW. He was very active in the WSDA, had been president, very into technology, loved dentistry. He didn't know me other than by reputation, but fortunately when I talked to him, he was very supportive. It was probably about 10-15 years later when he was encouraging me to get involved in organized dentistry, he actually commented to me, "I really wasn't sure about all these women going into dentistry." I said, "Jim, you never said one negative word to me about that." And he said, "Well, that's because it was you. But all these other women..."

OUESTION:

Some women have said they chose dentistry – especially instead of medicine – because of the freedom it offers to set your own hours and have a better work-life balance. Was that a consideration for you? Did it turn out that way?

Dr. Bloomquist: It turned out that way for me, for the most part.

Dr. Speed-McIntyre: I think that was one decision I came to when I was looking at medicine and dentistry, and I chose dentistry for that reason because I knew I could work part time. My big thing is, I don't want to be at home on the weekend and have to go in on call. So, that was the deciding factor for me, it really was.

Dr. Adams: With the onset of managed care and all that happened in medicine before us, I think we were very fortunate to go into dentistry when we did.

Dr. Friedel: I sort of looked at both medicine and dentistry. I was an older student at that time and they were not so interested in older students, but also I had been in dentistry before. I had been an assistant, as I said, and I had been a technologist, and in dental technology I knew that just from working in that that I was good with my hands. I felt that I could wrap my head around all of dentistry. I did find that I was totally wrong about that. Now I'm glad that I was in a profession [where] I couldn't possibly have known everything, because I practiced 30 years and I never had the same day twice. The patients are so different, the interaction with the staff is so different, everything is so different, and I just enjoyed every day.





Classmates Jaroslava Moss (left in top photo) and Barbara Muir (formerly Hawthorne) on graduation day in 1978, and again in 2018



"I remember my first week of dental school, the professor, a male, had the question to the class: 'Who do you think is going to make the best dentist, men or women?' That was the first week. And I said, 'Well, I think women are going to be better dentists.' And they booed me, those guys in the class. They made me feel like I was *that* tall."

DR. POLLENE SPEED-MCINTYRE



"[Dr. Rosalie Miller of the School of Dentistry faculty] was probably the first role model woman [I encountered] in dentistry. ... What I was seeing was a woman who was a dentist who also had a life and was inspiring to me. I didn't have an idea that you could actually do that and have a family – my vision was very narrow. So she was inspirational."

DR. KATHRYN BUFFUM









Women in the Class of 1978 held "hen parties" that fostered bonding and served as part of their support network.

Dr. Bloomquist: I don't know if the rest of you experienced this, and maybe part of it was that I had a husband who was earning a good income. I struggled a little bit with how much profit should I be reaping, and I know I gave away a lot of dentistry. I had a certain guilt about charging for things that I thought just should be part of what I do. And I don't know if I was unique in that, but it took me a long time to really get going with my business of dentistry. In the end I did, but there were years when I earned what my hygienist earned.

Dr. Buffum: I don't know if it was so much guilt around it as questions: How much do you give away? I felt like yeah, you do want to give away some dentistry, but also, how long should it take to become profitable? And I remember at one point, probably five years in, saying if I'm not doing better at seven years than I could working for somebody else just doing secretarial work, then I'm going to move to a different field. Well, by seven years it was way, way better than I thought it'd be. But part of the rest was not just how much should I give

away, but how much should I pay staff and all of that kind of thing. Finally I started to resolve it when I started working regularly with a consultant to get feedback on what my style of dentistry was. When I think about mentors in dentistry, my consultant was definitely one of those people. But to me it was wrestling with the ethical issues, and I didn't feel like that was something they ever really talked about much in school. And at the time I didn't feel like I had a cohort of people to talk through that with.

Dr. Martin: My first practice was in eastern Pierce County, and at the time I was the only woman dentist in Pierce County. I was sitting down with the accountant, and I said to him, "You know, I really struggle with making my living off of someone's health care misfortune." I thought the guy was going to fall off his chair. He goes, "Well, I hope you can get over that." That is a hard thing, and we know that it's not a patient's fault, the microbiome that they have. There's a lot of risk factors that are not under their control. That probably nipped at my heels throughout my career, and actually I'm glad, I guess, that it did. But...

Dr. Friedel: I think this has been a thing for all of us. We always knew that we were being watched. I always knew that the next generation and beyond of dentists, women dentists, was going to be on my shoulders. I knew that. And there was something in the data that came out about five years after, a study of women dentists versus their cohorts. They found that women made less money, they worked less, and they were happier. There were a lot of other things they did, but they were happier. But the conclusion of the study, which just blew my mind, was, given enough time, these women could learn to work like men. And I thought to myself, "Geez, I don't want to do that." I mean, one of the reasons that I chose dentistry is because I have this autonomy in my practice. I couldn't believe that they didn't read their own conclusion: These women are happier. Now, I worked a lot of hours, I didn't have any kids, and my husband was very supportive the entire time. He

would always say, "Honey, do what you need to do. But a lot of times I'd think, "Woman, thy name is guilt."

You've got all kinds of things that you need to do, and I have a friend, Stephanie, who would say to me, "Carol, I have never seen anybody who will spend a thousand hours to save one." So I mean it was in my organization and all kinds of things, but that was the way I liked to work. I liked to do things a certain way. I liked to make sure they were done correctly, and I had patients say, "You are so fair." In other words, I treated them like I wanted to be treated. And because I had no kids that I was sending to school, my husband was doing fine, and I was doing fine. I didn't need to make a lot of money, but I did very well and, even better than I practiced, I invested well. So you just can do what you need to do, but I think the point is, were we happy in our practice? Were we happy the way we treated people? Were we happy with the dentistry we did? And if we can answer yes, then I think that's a successful career, it's a successful life.

Dr. Speed-McIntyre: I hesitated to join in on this call, because when I read the questions, I started thinking of a lot of things, and I'd say I'm not a victim and I don't want to be negative, but I have to tell the truth. And so I'm glad I'm on this because I see the challenges that some of you had with starting a practice. That instinct that we have as women, we want to help, so you think about how much business should I give away. But one of the challenges that we had as African Americans, my husband and I, is that they were redlining us and we couldn't get a loan to start our business. It was probably 10 years before we could, really. We couldn't borrow from a friend, and we had to save the money. And just work, save the money, and then have something to start a practice.

Dr. McIntyre: After graduating dental school and passing the boards, a nice Patterson rep showed me a little space just west of Dick's Drive-In, and helped me list the dental stuff I would need. An architect helped me formulate what could be done



"My first practice was in eastern Pierce County, and at the time I was the only woman dentist in Pierce County. I was sitting down with the accountant, and I said to him, 'You know, I really struggle with making my living off of someone's health care misfortune.' I thought the guy was going to fall off his chair. He goes, 'Well, I hope you can get over that.'"

DR. JEAN MARTIN



"It took a community of people to really push the administration to do something [to admit students of color]. My cohort had five: two African American males, a Hispanic male, a Filipino male, and myself. People need to understand that this was not something that just came about."

DR. POLLENE SPEED-MCINTYRE

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with the space. Armed with my vision and my newly minted DDS degree, I walked into SeaFirst. I was asking for \$50,000 to kick-start my vision. There was a man sitting behind a desk at the bank, and I sat down and explained what I was seeking. I remember clearly him holding a pencil and tapping it between his fingers and sitting back and looking at me and saying, "So, why should we help you?" A more mature me would have reacted differently, but I basically lost my voice and got up and left. I went home and cried angry tears. Then I found another bank, First Interstate. Went in, met with a fabulous woman, Carmela Faccone. She was totally supportive. She later became a patient in my practice.

OUESTION:

What kinds of attitudes did you encounter among teachers and your male classmates?

Dr. Bloomquist: When I was in dental school, I didn't get to socialize with you all that much, and Jean, when you sent those pictures, I thought, "Oh, I missed all this." But I did. I mean, I had young children. And so I think most of the women in my social circle were at home, and I got question after question about why was I in dental school and what about my children, and I actually said a couple of times – this is hard for me to believe I did this – but I said, "You know, it's really not a problem, I just lock them in the basement when I leave in the morning."

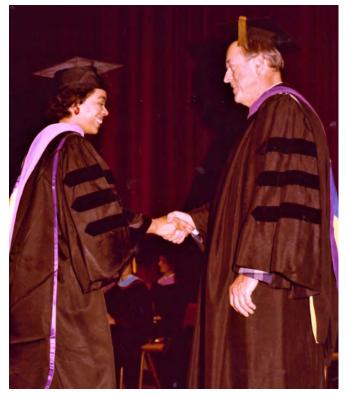
(Everyone laughs)

Dr. Adams: I think we have to remember that this wasn't only a change in the dental school, it was a change in society. Right? Many of the instructors at that time were close to our parents' age, and for that generation, raising a family was what you did. I grew up without a father from a young age. My mother didn't have a choice when she graduated from

high school at 16. She was shipped off to nursing school. So she had always been a nurse, had always worked, and felt very strongly that I needed to be able to take care of myself, not depend on a guy. So it's difficult – it's not just us coming into dentistry. It was just the whole society was changing, so I think that was a view that people just had to get used to. I remember Don Shurtz in our class, came up to me around the time we were graduating. Don was very quiet, right? He didn't say a whole lot, and he said, "I don't think I'd want my wife to do this, but I respect your right to do it and I respect you." That said a lot to me.

Dr. Martin: I think the attitudes of the faculty and even our classmates varied. I mean, we had great friends that were men and women, and there were some instructors that really went out of their way. But - and I hope this has changed – grading was very subjective in dentistry then, and you could do a prep and they knew who did it. None of that was anonymous. The stuff you left in the lab to be graded had your name on it. And I think about some of the remarks that have probably taken me decades to kind of recognize and throw out. Second-year Pedo and I think I overcut it, I was doing an MO and the instructor goes like this and we go out in the hall. He looks at me and he says, "You know, you're just not very good, are you?" And so there were some of those, and we probably each have a few of those things that haunt us. I guess I can just hope that there has become some kind of objectivity, particularly in grading, so that an instructor can't see you as an "other," and then even subconsciously your grade reflects that.

Dr. McIntyre: I do believe my dental school experience was made fabulous by my having been approached by Dave Baird during freshman wax-up class, regarding his vision of working with a group of students throughout their dental school years, to experience the process of taking patients



Black Woman Dentist Fills a Definite Cavity

By Charles Dunsire

Pollene Speed will become the first black woman to graduate in dentistry from the University of Washington, an achievement she hopes will inspire others. "I hope it will encourage some people,"

"I hope it will encourage some people," she said. "To me, this is more than just a degree." She will graduate tomorrow. Since the UW has the state's only

Since the UW has the state's only School of Dentistry, Speed, 28, also has the distinction of being Washington's first black woman dental graduate. "I'm definitely a pioneer," she said. Speed came to the UW originally from

"I'm definitely a pioneer," she said. Speed came to the UW originally from her native Willington, S.C., on a federal grant to study fish pathology. After earning a master's degree in that field she decided to try dental school, on a minority fund scholarship.

"I decided I wanted a more direct relationship with people," she explained. While she was studying fisheries she met a dental student, George McIntyre, who was graduated in 1978. They plan to be married in August and she said her fiance also encouraged her to study den-

Dr. Speed, as she will become known after commencement exercises at 2 p.m. tomorrow in Meany Hall, said her four years of dental school were rewarding but sometimes difficult.

"Just being a woman made it difficult because normally dentistry is a male profession," she said. "Being the first black woman was really hard. There were lots of hard times, but nothing I couldn't handle." She said she received help from fellow

students and faculty members alike.

"The hardest thing was getting through my first year," she said. "Once I did that I knew I was on my way."

Speed will graduate in the top third of her class and will receive an honors award at a School of Dentistry ceremony tomor-

She said the course of her dental career is uncertain.
"I've considered working for the Na-

"I've considered working for the Na-I'l go into private practice I want to work in a small town, where I can see myself being more than a dentist, encouraging people improve themselves and their lives."

If she does practice in a small town, she said it probably will be in her native South.

Her mother is a retired schoolteacher and her father a farmer in South Carolina. She was asked why she thinks it took so many years for a black woman to graduate from the UW dental school.

"It has a lot to do with a person's foundation," she said. "It took so long because I don't think blacks in Seattle have the same type of family foundation. But the fact I endured may cause others to begin."

When Pollene Speed graduated in 1980, the Seattle Post-Intelligencer took note. She is shown receiving congratulations from Dr. Tom Morton of the faculty.

from disease control to definitive treatment. He asked me to suggest students who would appreciate that format. I picked Frank Spear, Cheri Townsend, Bob Nieman, Ralph Nord and a couple of others. Dr. Baird supervised our cases from planning to execution. We met weekly and discussed each other's cases, thus expanding our learning. This format provided consistent guidance, instruction, predictability, support, friendship. I basically graduated on Roberta Dunham's mouth.

OUESTION

Did you ever feel that you had to be twice as good as male students to get the same treatment and grading?

Dr. Friedel: I didn't feel that. The men who went to school with us had been undergraduates with women, and they knew women intellectually were their equal, so I don't think



"We always knew that we were being watched. I always knew that the next generation and beyond of dentists, women dentists, was going to be on my shoulders. I knew that."

DR. CAROL FRIEDEL



"One of the challenges that we had as African Americans, my husband and I, is that they were redlining us and we couldn't get a loan to start our business. It was probably 10 years before we could, really. We couldn't borrow from a friend, and we had to save the money. And just work, save the money, and then have something to start a practice."

DR. POLLENE SPEED-MCINTYRE



Classmates gather for a celebratory brunch after graduation in 1978.

that that was any big deal. Also, I think a great percentage of the top 10 were women, if not the greatest percentage of them, in our class at least. So I didn't feel that at all with our [classmates]. I [may have] with some of the professors, but as I said, I was an older student, and that gives you perspective. I mean, you've dealt with that in business before. Once in clinic, I had an affiliate [faculty member] come up – he was in private practice – and he said, "I was telling my wife, I was watching you girls, and I noticed you girls are all pretty good." And I said to him, with a straight face, "Well, it's just all of that cooking and sewing," and he said, "Yeah." And so he probably went home

and told his wife, "Those little girls down there, they're doing just fine, and it's all that cooking and sewing, you know, their hands are good." Well, I'm not going to change his mind except by the way that I work. And so I didn't have to be better than the fellows – I just have to be my best.

Dr. Speed-McIntyre: I [didn't have] any problems as far as feeling like that in dental school, because I had a 4-point [grade-point average]. I felt the fact [was] that I'd got in dental school because of my record. I wasn't worried about it, because I say I don't have to prove that I should be here, because of my record. And I think that everyone here

probably feels the same way. I think it was a matter of how we got into the school. We had to be really good to get in, so it wasn't a factor when you got in. Not for me.

Dr. Adams: [Faculty member] Brian Toolson told me one time, "You women are all in the top 25 percent of the class with the exception of one." Out of 92 [students], we were the top 25 percent, so there was nothing to prove. As Pollene said, getting in there was the hard part. And I think our classmates respected us. I didn't have any specific cases where faculty said something that I knew they were saying because I was a woman. There were certainly instances where it may have been, may not have been. But when you talk to some of the guys that went to school before us, you know they went through some of that too. Maybe some of the comments were a little different, but I mean it was kind of military style. It was hard for me, and I know for some of the rest of you in talking about this, to graduate from dental school really lacking in a lot of self-confidence. [We] kind of had that beaten out of us and yet we had done well. And so it took a while to really say, "I belong here." I was not gifted with my hands. I had always been top of my class all the way through my schooling. I knew I could study enough to do that, but you either have the gift or you don't. I could work to get better, but I was never going to be great, and that was very challenging and humbling.

QUESTION:

Was there ever a point where you were just really angry about your treatment or even considered quitting school?

Dr. McIntyre: I heard of students who left the dental school and vowed to never set foot on the premises again. This was not how I felt. In fact, I went back the fall after graduation and helped in the wax-up class for incoming first-year students. Did I experience discrimination? No, I felt only support in the process. I recognize that my Dr.

Baird experience enabled me to avoid interaction with a greater diversity of instructors, so who knows what I missed experiencing in the discrimination arena.

Dr. Buffum: I never considered quitting. I was more frustrated. There were times I was so frustrated that I was angry, but I would not quit. I was like, "No way, I'm not going to give up on this." I can't remember the exact scenarios, but I know I was frustrated with a couple of the instructors. There were two times in school where I was so frustrated I started crying, and it just happened that the same professor came up and ran into me both times. And then we talked about it. It was being so frustrated with how an instructor could behave, but there was no way that I was going to let that stop me.

Dr. Adams: I wasn't angry, but I wanted to guit many times. I hated dental school and I wanted out so badly. I remember talking to my big brother in the dental fraternity and I said, "I want to guit, but I've never guit on anything in my life, and I've got all this time and money invested," And he said, "You know what, this is my third career. Just finish school. You'll find out practicing is very different than dental school. Give it a chance. If you don't like it and you want out, then change, do something else. You aren't tied to dentistry." [I said,] "Oh yeah, but all this money and all this time..." He said, "Just because you have that DDS after your name does not mean you are a dentist and that's all you are the rest of your life." And it was just that permission to not feel like I had to do this that kind of got me through. [Then there was] my anterior bridge. I was working under Marv Johnson and it was very difficult, pin-ledge inlays, and it was not going well. It wasn't going to get seated on time and I didn't think I was going to graduate. Roland Wills, whom I didn't even know – he was chairman of the restorative department then - called me aside one day and he said, "I just want you to know, you're graduating with your class. You and I will seat that bridge together after graduation." And that's what happened.

"Most of the women in my social circle were at home, and I got question after question about why was I in dental school and what about my children, and I actually said a couple of times – this is hard for me to believe I did this – but I said, 'You know, it's really not a problem, I just lock them in the basement when I leave in the morning.'"

DR. KAREN BLOOMQUIST



"Once in clinic, I had an affiliate [faculty member] come up – he was in private practice – and he said, 'I was telling my wife, I was watching you girls, and I noticed you girls are all pretty good.' And I said to him, with a straight face, 'Well, it's just all of that cooking and sewing,' and he said, 'Yeah.' And so he probably went home and told his wife, 'Those little girls down there, they're doing just fine, and it's all that cooking and sewing, you know, their hands are good.' Well, I'm not going to change his mind except by the way that I work. And so I didn't have to be better than the fellows – I just have to be my best."

DR. CAROL FRIEDEL

Dr. Speed-McIntyre: I was on the floor and one of the faculty members came up to me and he brought this guy with him and he said, "You know, he's not a racist but he's a sexist," and the guy just stood there and he didn't say anything. He didn't respond, and I thought he would defend himself, but he didn't say anything. I don't remember the name, I couldn't tell you the name of people, but I remember – what does Maya Angelou say? – you always know how people make you feel. You might not remember who they were, but you know how you felt.

Another incident is when I was angry because I was taking a mock board and this professor – you know how we would dress up and everything, and I had my nice outfit on, I had heels on –and the guy said, "Why are you wearing those heels?" He failed me on that mock board. Then the next time I came in, the [patient] had something on the opposite side, so I headed back and I took the mock board and I passed it. And I was angry with myself because I actually changed the whole way I felt about myself dressing, just so that I could pass that exam. That made me angry that I did it, but I felt that I had to do it. Because I knew if I walked in there with those heels next time, and you only could take the mock board twice, I think, so... [This discussion is] bringing back memories I really don't want to think about.

Dr. Adams: Pollene's full-time faculty now, so you probably see a change in the school, I hope, and the way teaching is done, the way students are approached.

OUESTION:

When Doris Stiefel, our first woman graduate, entered school, Dr. Gerald Stibbs of the faculty designed a uniform just for her. She said it was no big deal and shrugged it off, because she was totally focused on what she had to do to finish school.

Dr. Adams: Blue bowling shirts – that's what we had to wear, right? Weren't those awful? That's literally what they looked like. That's the way they were cut and shaped, and they were light blue. [Classmate] Mitch Hungate – we have our affiliate faculty award named after Mitch, bless his heart, he's gone. (Editor's note: Dr. Hungate died in an avalanche in the Cascades in 2013.) We came out of clinic one day and Mitch had come out of the bathroom or was standing outside the bathroom, and a patient came out and thought he was a janitor and asked him to replace the paper towels. Mitch was just flabbergasted, and I am rolling on the floor, because we did look like a whole lot of things besides dentists, I'll tell you.

QUESTION:

What kinds of support networks did you form? In the last issue of the magazine, Dr. Adams mentioned "hen parties" and intramural sports, which helped foster bonding.

Dr. Bloomquist: It was classmates for me. I think the first hen party was at my house, and I think we did it on a weeknight, and I think I remember Jean and somebody arm wrestling on the floor.

Dr. Adams: Probably Lenore [Ingram]. Lenore was our champ.

Dr. Bloomquist: And we stayed up really late and we all just felt terrible the next day. But I didn't get to participate – just one swim meet, but I didn't get to do the sports.

Dr. Martin: We took second place on the swim team, and I still have my mug. I'd forgotten all about that until Susan wrote about it. But you know, first time I ever ran a mile was at Hec Edmonson Pavilion, and Carol, you were there. Some of us went over to do a little exercising and –

Dr. Friedel: Oh yeah, that's when I decided I would rather be literally carried like Cleopatra, that's what I wanted. And so Jean



Susan Hollinsworth (now Adams) and classmate Lenore Ingram enjoy a camping trip to Goat Lake in the Mount Baker-Snoqualmie National Forest.



Jean Martin (left) and Susan Hollinsworth meet with Dean Alton Moore on graduation day in 1978



"[Faculty member] Brian Toolson told me one time, 'You women are all in the top 25 percent of the class with the exception of one.' Out of 92 [students], we were the top 25 percent, so there was nothing to prove. As Pollene said, getting in there was the hard part. And I think our classmates respected us."

DR. SUSAN ADAMS



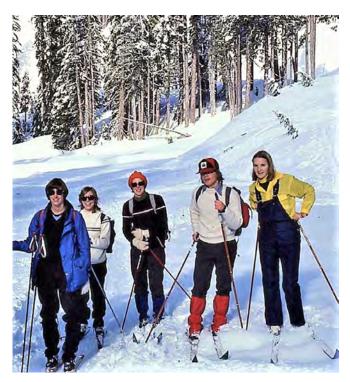
"Second-year Pedo and I think I overcut it, I was doing an MO and the instructor goes like this and we go out in the hall. He looks at me and he says, 'You know, you're just not very good, are you?' And so there were some of those, and we probably each have a few of those things that haunt us."

DR. JEAN MARTIN

took me out to run around this thing, and I thought, "What the hell is that?" And I was so exhausted after, I thought I cannot go to school and study and still do this. I mean, now I play tennis seven days a week, but then it was like I wasn't doing that. So sports weren't part of it but besides my husband, he was a big support, and then also the classmates. We already had a social network and so that's who we would mostly see. I wasn't really involved in any of the sports except when Jean tried to pull me in, which was very kind.

Dr. Adams: We'd have potlucks throughout the year. A lot of them were at Glen Johnson's house because they actually had a house and kids, too, that could be in bed while we were there. (Editor's note: Dr. Johnson, then a classmate, is now Professor Emeritus of Restorative Dentistry.) And we organized a junior prom and a senior ball at the Waterfront Activities Center. The women would bring in cupcakes and goodies to D-1 lab. The class as a whole was pretty close-knit. We had study groups -Carol would type all the minutes, our secretary here. We'd split up the questions and answer them and she'd type them all up, and then we'd have study groups. When I was a freshman, the guys had two basketball teams, and I thought, "I don't know anybody, and I love sports, so that's a good way to get to know them." I'd go over and watch the games. Of course they'd put me to keeping score because there was nobody else there, and they honored me at the end of the year. It was kind of fun, but that's how I got to know some of the guys.

Some of the women started talking about well, if they can play sports and do the intramural stuff, why can't we? We did some running events, and a lot of you skied or swam or did other things that I hadn't done. Eventually we had a football and basketball team, a swim team, and a coed softball team. Pollene, did you and George [McIntyre, a UW dental student who was then her future husband and practice partner] feel included in the class? I meant to ask you that, because I don't know if everyone knew about these potlucks and stuff, it was just kind of word-of-mouth.



Fourth-year students in the Class of 1978 take a snow day at Mazama Ridge in Mount Rainier's Paradise area.

Dr. Speed-McIntyre: Well, I'm real pleased with my education and my training at the University of Washington. I wouldn't trade it for anything. But that was a time when a lot of things were happening, and Susan, I've got to mention to you that I showed George about the hen parties, and he said, "I don't remember that." And so I don't remember that as well. But I felt included because I probably wouldn't go and do that anyway, but I liked softball. Like I say, I felt included with your class and the people that – you know how it was, the people that sat around you. I have very good friends, Mary Jo Burns and Jeff Short and Steve Burback, so you kind of work with the people in your area. So I didn't feel like an outsider.

Dr. Adams: We had an oral surgery instructor for our small group, Bill Caldwell. At the end of the year, he invited us to dinner at the Seattle Tennis Club, which was a little overwhelming. We're coming in and we're looking around this fancy place. But I noticed that Carl Gross, who was one of the African American students in our class, wasn't there yet and so I thought, "Well, gosh, I hope he makes it." I was kind of watching for him when he finally walked in the door. The look on his face was like he was very uncomfortable being there. So I ran up and greeted him and had him sit next to me, but he ate dinner and then left immediately. I don't know if anything happened or not or if he really just felt that uncomfortable. But you could just read it on his face, like "Get me out of here."

Well, [Dr. Caldwell] wanted to do something nice. And he did say, "Women are going to make better oral surgeons because they have to use good technique. The guys can just use their brute strength and bull their way through it, so you women are going to be better surgeons because of that." So that was nice.

OUESTION:

Did you ever have moments when somebody, especially among faculty, did or said something to prop you up when you really needed it?

Dr. Martin: I was making a lower denture for a woman who'd never worn one. It had been a long, difficult process, and I was rinsing off, she was all done, it was ready to be signed for the six-week check. I hit the denture on the back of one of those curved faucets and it broke in half. The patient's just like oh, that's funny, and she's shouting so of course everybody knows all about it. But the instructor said, "You know, we'll handle this," and he took care of getting it repaired, and we had her back the next day to deliver it up into faculty. He didn't have to do that. He was one of the Prosthodontics full-time faculty.

Dr. Friedel: Rosalie Miller comes to mind again. She was such a great person to go in and just chat with, and she just told me about all kinds of things: the wonders of practice, even the mysteries of birth. I mean, she talked about the childbirth of one of her kids and what a mystery she thought that was. It just brought things down to such a human level. She was just a wonderful person and I miss her.

Dr. Speed-McIntyre: I have to echo that. I don't know if I would have got through school without her.

OUESTION

What about the women who came to school behind you? After you graduated, how much of an obligation did you feel to support those women as mentors or in any other way?

Dr. Bloomquist: I didn't have time or energy except to deal with my practice, which I just bought from a dentist who was 82 and finally retired. And yeah, I couldn't handle anything except for my kids and my practice. So I didn't. Later on I did, but I didn't very much, I have to say.

Dr. Adams: Those first five to seven years, you're so focused on what you're doing. I know a lot of women taught at the school part-time, but I was so focused on [my practice]. They started the Association of Women Dentists or something at that time too. I certainly felt an obligation to support women and I did go to a few of the meetings, but I've always [felt] I don't want to be separated out to be part of the women dentists. I want to be part of the dentists. And I thought the only way we were going to make inroads in that was to be involved in organized dentistry, and that's what I eventually did. But I've always felt an obligation to try to give back and to support the women that are there. One time, I was talking to some women students and when they found out when I



"I think a lot of things have changed, but I think women in the profession, particularly in the education institution, are still not valued as well as the men. And if you look at the reports, there are very few of them in professor roles, full-time professor roles. They are mostly assistant professors, and so I think we still have some road to travel as far as how people value and compensate women. It's not equal."

DR. POLLENE SPEED-MCINTYRE



"I've always felt an obligation to try to give back and to support the women that are there. One time, I was talking to some women students and when they found out when I graduated, they said, 'Oh, you're a pioneer.' And I'd never felt old until that time. I felt like I should have on my prairie bonnet."

DR. SUSAN ADAMS

graduated, they said, "Oh, you're a pioneer." And I'd never felt old until that time. I felt like I should have on my prairie bonnet.

Dr. Speed-McIntyre: I still feel an obligation, and not just women, but when I recall when I was in dental school, with that cohort of minorities, I just felt like I had to be the leader and to make sure everybody would excel. I would get angry with someone if they went to a party instead of doing some work. And so I felt obligated, and that's a weight. I remember reading *White Fragility* and the author was saying that African Americans leave work exhausted because we take on this huge responsibility and obligation for so many other people. So it's not just women; I felt like I had to make sure everybody was doing well because I didn't want anyone to fail.

Dr. Buffum: I was teaching part time four years after school, and I sound like I wasn't there necessarily just to support the women, but it was more to support the students. It was just the idea of giving back. But I finally ended up leaving that because I felt, to some extent, like I couldn't, I wasn't letting go of a burden. I'm wondering if that might be, Pollene, what you were kind of referring to — that sort of heavy feeling. But I felt like to actually have established myself in the real world, I needed to get out of the dental school, and just that hanging around there a little bit just wasn't working for me at that point. But I did stay around for four years.

OUESTION

How do you think things have changed for today's women dental students?

Dr. Friedel: Since I retired in 2008, in the summers when I'm here – I am in Arizona during the winter – I volunteer at Union Gospel Mission, at their free dental clinic. We have one full-time assistant there, but the rest of the assistants, and there are many, are all pre-dental students. They are very terrific students and many of them are women, and they have just no idea about the experience that I had. But it's interesting

to see them, and they are excited to go. I don't know what their experience will be like, but they're expecting it to be just like any class, you know?

Dr. Speed-McIntyre: I think a lot of things have changed, but I think women in the profession, particularly in the education institution, are still not valued as well as the men. And if you look at the reports, there are very few of them in professor roles, full-time professor roles. They are mostly assistant professors, and so I think we still have some road to travel as far as how people value and compensate women. It's not equal.

Dr. Adams: Nationally, organized dentistry, in a lot of respects, is still kind of a good-old-boys club from the women I've talked to that have tried to break through that. There are women involved, but it's still more like when we were going through school. I think local and statewide [in] organized dentistry politically, that doesn't exist, although I'm sure there's instances here or there. But I know, Pollene, I've heard that from other women who are in academia, too. That may hold true for research, also. Seems like the bigger the pool or the higher up you go, the more you start bumping into those old attitudes.

Dr. Friedel: Once you've been graduated for five years, you can become part of a committee. And so I got a call from the president of the state dental association because we'd been out five years and he said, "I want you to be on the professional relations committee. I've been told that I have to have a woman, but I don't want one." This was five years after I graduated, so this would have been '83. I thought to myself, "Now, I'm going to have to be quite cool about this, because I feel all those women standing on my shoulders." So I said to him, "I'd be delighted to be on your committee." It was rather interesting because I later took several very unpopular committees – the Impaired Dentist Committee, the AIDS Committee. At that time, if you'd have had a man as head of that, he would have been labeled gay, which nowadays would



Pollene Speed and George McIntyre, who was two years ahead of her at the School of Dentistry, married and wanted to start a practice together. But, unable to get a loan, they had to save up for 10 years to reach their goal.

be no big deal, but it would have been very difficult for his practice at that time. So they were very happy that they had women to take those apolitical positions that no one else wanted.

Dr. Adams: Steve Hardymon, who was the director of WSDA for years, read some of those studies you guys were talking about – women not working as many hours and or as many weeks. And it just goes to what you're saying, Carol. He said that's because women don't have to work as many hours, they work much more efficiently, they're much more problem-oriented and disciplined and get it done. He said they don't have to work the same number of hours that men do to accomplish the same thing. In fact, they accomplish more.

Dr. Friedel: Yeah, it seemed like I worked a lot of hours though, unfortunately. I never did know how to truncate that.

Dr. Speed-McIntyre: It's amazing the kinds of things that we get done, and we took on roles like you did, Carol, that if we hadn't done that – if you hadn't done that – what would have happened to our profession? And then things that Susan does with organized dentistry – we are the shoulders that people stand on.



"There were two times in school where I was so frustrated I started crying, and it just happened that the same professor came up and ran into me both times. And then we talked about it. It was being so frustrated with how an instructor could behave, but there was no way that I was going to let that stop me."

DR. KATHRYN BUFFUM



"Now I'm glad that I was in a profession [where] I couldn't possibly have known everything, because I practiced 30 years and I never had the same day twice. The patients are so different, the interaction with the staff is so different, everything is so different, and I just enjoyed every day."

DR. CAROL FRIEDEL

SALIMA ALIBHAI An apostle of preventive care in Pakistan

Dental hygienists at our School of Dentistry have often had profound impact, none more so than Mae Chin and Norma Wells. Chin was a clinician for our Dental Education in Care of Persons with Disabilities (DECOD) program from 1989 to her retirement in 2013. Professor Wells (Dental Hygiene '58) founded and led the Oral Health Collaborative for two decades, partnering with hygienists and other groups to deliver oral health education and preventive services to thousands of people around the state. She retired in 2014.

The ripples from their work and influence have never stopped spreading. They have even reached Pakistan, where Salima Alibhai (Dental Hygiene '98) is leading an ambitious program to address that country's staggering incidence of oral cancer and other oral diseases.

Tanzanian-born Alibhai, who also earned a master's degree in public health from the UW in 2013, directs the preventive dentistry program at Aga Khan University in Karachi. She not only trains dental hygienists but also teams with dental clinics and educates dentists about oral health promotion and disease prevention.

She aims for nothing less than to build a dental hygiene program that will become the standard in preventive care for Pakistan, and she wants to develop it into a four-year program. "It is a traditional dental hygiene program, with a large component being community outreach," she says. "My hope is to embark upon a dental practitioner model to allow for more access to those who need it the most, where it is needed the most."



Salima Alibhai (left) trains dental hygienists as she leads the dental hygiene program at Pakistan's Aga Khan University.

To date, 39 students have completed the program, and Alibhai is actively recruiting in Kenya, Uganda, Tanzania, Afghanistan, Tajikistan, and Uzbekistan. Her graduates are the vanguard of a dental workforce that she trusts will spread awareness of the need for preventive care. "This is where we are trying very hard to set the standard for care," she says.

Alibhai believes that oral health is a basic human right, but the challenges in Pakistan are formidable. "Dentistry is a luxury, like the West," she says. "We are no different, except what distinguishes Pakistan is that we rank highest globally in head and neck cancers. Yet there is no standard for preventive frameworks. Our program is aiming to slowly and incrementally provide [these standards] and change this."

Alibhai went to Pakistan in 2015 as a volunteer to set up the dental hygiene program, returned for several more visits, and was appointed director in 2018. Yet the seeds of her involvement were likely planted long before that, during her years with Chin and Professor Wells. Alibhai worked with the DECOD program from 1997 to 2006 and the Oral Health Collaborative from 1997 to 2003. During those years, she also worked in private practice in Seattle and taught dental hygiene in local colleges.

Recently she wrote to Dean Gary Chiodo, telling him she came to Seattle "because Norma Wells personally answered my phone call while I was applying to dental hygiene programs around the country."

She told him how the advent of the Covid-19 pandemic and the resulting lockdowns and travel restrictions had made her fear for her fledgling program in Pakistan. Among other problems, volunteer faculty couldn't come to campus and teach. And then Mae Chin called, offering to teach all the course material relating to disabilities remotely. Alibhai seized on the offer and was overwhelmed by the results, calling the lectures

"Mae provided direction and strategies for serving the general public as well as those with disabling conditions," she told Dean Chiodo. "Her methods affirm and demonstrate one of my own core beliefs: 'If they can't come to you, then let's figure out a way for us to go to them!"

"Both Mae Chin and Norma Wells continue to work behind the scenes in my career - inspiring, empowering, and contributing to the work about which I am so passionate," she wrote. "In setting a global standard for preventive dentistry in the developing world, they continue to impact the challenges

Continued on page 47

DR. ANDY MARASHI CLINICAL ASSISTANT PROFESSOR, RESTORATIVE DENTISTRY

Winning students' hearts after teaching captured his own

Dr. Andy Marashi of Restorative Dentistry never imagined he'd be teaching dentistry.

After receiving his DDS from our School of Dentistry in 2001, he had just finished a yearlong AEGD residency at Baylor College of Dentistry in Dallas when Dr. Brian Toolson ('67, Grad Pros'77), who then chaired our Prosthodontics department, contacted him to see if he'd be interested in a spot on our faculty.

It seemed like an unlikely prospect to Dr. Marashi, who had no teaching experience, not to mention a fear of public speaking. "But based on Dr. Toolson's encouragement, I took a leap of faith and accepted a junior faculty appointment for a year," he says. "I fully expected to leave for private practice after a year. However, I truly fell in love with academic teaching. There is something very inspiring in a school environment, and I could not leave."

You could say it worked out well. In 2010, he received the Bruce R. Rothwell Teaching Award, our School's highest faculty distinction. In addition, he has been honored multiple times by students as a top faculty member, and he has been

a perennial faculty invitee chosen by the students to present their clinical coats at our White Coat Ceremony.

The secret of his success is straightforward: He remembers how he felt and what he needed from his teachers when he was a student. He says his style is simple: "I define the objectives for the course, I define the course expectations, and then I do all that I can to get the students across the finish line without any compromises. I emphasize the fact that understanding the core principles of dentistry and concepts in dentistry is critical to a successful career. I try and let the students know that dentistry is difficult, and that hard work is required, and that [their] comfort zone may be a nice place to hang out in, but nothing grows there. So there will be growing pains, but it will be worth it."

Born in Iran to a homemaker mother and businessman father, he grew up in England, where he earned a Bachelor of Science degree in applied biology from Trent Polytech in Nottingham. In 1986, he visited his two sisters who lived in Spokane and they encouraged him to pursue further studies in the United

States. He enrolled at Eastern Washington University and in 1989 received a BS in microbiology with honors.

He spent several years in the '90s in the immunogenetics lab at Seattle's Fred Hutchinson Cancer Research Center, helping develop DNA sequencing techniques to match patients and donors for bone marrow transplantations. He also worked on projects with Dr. Mark Schubert ('74,

> Oral Med '81), a leading member of our Department of Oral Medicine who also directed that department at the Hutch. Dr. Schubert suggested a career in dentistry, and the idea resonated with Dr. Marashi: "I realized that it offered the perfect combination of patient care, independence, and ability to work in a variety of different fields, while maintaining a reasonable personal life."

> After his residency, he entered private practice while serving on our faculty. He puts a premium on keeping students engaged, saying, "Every class seems to have a slightly different personality, and so I constantly modify my way of teaching to cater to various classes. And of course, encouragement, encouragement, encouragement!"

That became a monumental challenge after the arrival of the Covid-19 pandemic. While Zoom allowed instruction to continue, he feels that it impaired a vital connection. "I really miss the in-person instructions, the classroom discussions, and student interactions," he says. "There is something about the classroom atmosphere and interactions that makes teaching special."

He forthrightly acknowledges his debt to Susan, his wife of 25 years: "I truly owe her all the success in my career. She not only put me through dental school by working long hours at her work, but also has been a source of inspiration to me throughout our married life." They have two more Huskies in the family: a daughter who recently graduated and a son who is beginning his sophomore year.

In the end, he says, it comes down to this: "I want to make a difference in our profession by opening doors for others and changing the culture of the education system in dentistry, and to make a difference in the lives of my patients by providing them with the best possible care they need and want."

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Our Partners in Excellence

Dr. Natasha Flake of Endodontics will serve as secretary of the American Association of Endodontists for 2021-22, the organization has announced. She graduated magna cum laude with a DDS from the Baltimore College of Dental Surgery and a PhD in biomedical sciences, both at the University of Maryland. An

both at the University of Maryland. An alumna of our graduate endodontics program, she is now director of our predoctoral endodontic program.

Dr. Mats Kronstrom of Restorative
Dentistry is directing an Advanced Implant
Training program as an optional clinical
training supplement for third- and fourthyear students. Although he initiated the
program in 2020, the Covid-19 pandemic
sharply limited the number of patients.
However, he reported that there are now
many cases in the pipeline, with students



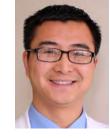
expressing strong interest in the program. It covers everything from treatment planning to surgical implant placement to performing the final restoration. "It gives the student the opportunity to see all aspects and phases in implant dentistry, which will provide them with useful skills and knowledge in their future career," he said, adding that very few U.S. dental schools offer this kind of advanced training for predoctoral students. Funding support for the program has been provided by Nobel Biocare and Zimmer Biomet.

Dr. Sun Oh Chung of Oral Health Sciences is a fellow of the American Dental Education Association Leadership Institute Class of 2021. The Leadership Institute "is designed to develop the nation's most promising individuals at academic dental institutions to become future leaders in dental and higher education." The



program aims to help participants gain skills in decision-making, priority-setting, and conflict resolution; improve their administrative skills; learn the inner workings of a dental education institution and how it fits into a parent institution; and learn about policy issues affecting academic dentistry.

Dr. Hai Zhang of Restorative Dentistry was promoted to full professor, effective in June. He holds a PhD in oral biology and a certificate in prosthodontics, both from the University of Connecticut, and has been interim director of Graduate Prosthodontics, which he continues to serve as a key faculty member. He is a board-certified prosthodontist and an active researcher who has published several book chapters and more than 20 peer-reviewed journal articles.



Dr. Jasjit Dillon of Oral and Maxillofacial Surgery has been promoted to full professor. She is OMS program director and chief of Harborview Medical Center's OMS Department. She holds dental degrees from the University of Newcastle Upon Tyne and the University of California San Francisco, a post-doctorate diploma from

the Royal College of Surgeons of England, and a medical degree from St. Bartholomew's Medical School, University of London.

Dr. Andrea Burke of OMS was promoted to assistant professor, while **Dr. Neel Patel** joined the OMS team at Harborview on Aug. 1.

Dr. Kimberly Espinoza of Oral Medicine, the director of the DECOD program, was chosen to be a Fellow of the American College of Dentists. Fellows have demonstrated leadership in some aspect of dentistry or public service. For election, they undergo a peer review that considers their professional and community



leadership positions, contributions, and credentials.

A team of faculty members is working with a UW postdoctoral researcher to investigate the integration of real-time aerosol sensors in a dental setting to help evaluate and improve mitigation strategies to eliminate aerosol transmission. **Dr. Dan Chan**, Chair of Restorative Dentistry, **Dr. Greg Huang**, Chair of Orthodontics, and **Dr. Ricardo Schwedhelm**, Associate Dean for Clinics, are working with Dr. Sepehr Makhsous to gain a better understanding of aerosolized viruses and pathogens during dental procedures. In July, Dr. Makhsous received the 2021 Dr. James A Cottone Award for Excellence in Investigative Research from the Organization for Safety, Asepsis and Prevention.

Dr. Marty Anderson of Restorative Dentistry published an article in the American Dental Education Association's *Journal of Dental Education*, titled "The importance of research publications and citations in academic recognition and promotion: A discussion of faculty advancement and promotion in research universities." The article appeared in July.



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Gary Yuen Saif Zakaria

Understanding oral diseases in cystic fibrosis to develop tailored preventive dental interventions

A SAMPLING OF CURRENT STUDIES AT THE SCHOOL OF DENTISTRY

PI: Dr. Donald Chi

Funding: National Institute of Dental and Craniofacial Research Individuals with cystic fibrosis (CF) have chronic respiratory infections. Oral diseases like tooth decay and gingivitis are potential sources of pathogenic bacteria that could spread from the mouth to the lungs, further compromising respiratory health. This study will identify risk factors for oral diseases in adolescents and young adults with CF, evaluate associations between oral diseases and measures of respiratory health, and explore microbiologic links between oral and respiratory health using cutting-edge microbiome methods.

UWSOD Regional Affairs and RIDE distance learning and telemedicine 2021-24

PI: Dr. Frank Roberts

Funding: U.S. Department of Agriculture

This project will connect 11 rural dental clinics to the hub (University of Washington School of Dentistry in Seattle) for distance learning via state-of-the-art teledentistry carts specially designed for oral health care and teaching. The carts also create teledentistry capability both with the hub and between end-user sites.

Postdoctoral training in general, pediatric, and public health dentistry and dental hygiene

PI: Dr. Travis Nelson

Funding: U.S. Health Resources and Services Administration

This proposal seeks to improve the oral health of underserved and vulnerable children in Washington state through training, telehealth, and provider placement. The overall aim of this project is to increase oral health care quality and access for children with medical and dental complexities, particularly those in rural areas.

Laser retrieval of cement-retained implant crowns

PI: Dr. Kwok-Hung Chung

Funding: CAO Group, Inc.

The aims of this investigation are to measure the dislodging force values of different cement-retained implant crowns attached on zirconia and titanium alloy implant abutment as well as tooth structure after application of a particular wavelength (450nm) diode laser.

For details on any study at the School of Dentistry, contact Dr. Douglas Ramsay, Associate Dean of Research, at ramsay@uw.edu, or Barb McLaughlin at barbmcl@uw.edu, or the principal investigator.

ALIBHAI Continued

and barriers to this enormous task. Both women have stepped in to help, each in her own unique way, providing me with valuable insights and support."

Alibhai has been recognized repeatedly for her achievements, even well before Pakistan. Her current venture has earned plaudits from the UW School of Public Health, which named her one of 50 global "Changemakers in Public Health."

She says, "I wanted the Dean to know, as true Huskies, that indirectly we are all helping each other out, at minimum even those who have retired and are now stepping in to help."

Profile in Partnership



The UW School of Dentistry relies on the annual contributions from our many Business Partners in support of students, faculty, and programs. We encourage alumni and friends to support these organizations that give so generously to our School.

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WSDA: A key player in addressing dental workforce shortages

Like our School of Dentistry, the Washington State Dental Association is committed to building a brighter future for the profession. According to WSDA's president, Dr. Ashley Ulmer ('03), that shared commitment is why the organization's leadership chose to become one of our Business Partners.

"Dentistry faces serious challenges," says Dr. Ulmer. "The greatest current challenge is the serious workforce shortage, especially in the hygienist ranks, facing dentists in many parts

What was already a critical shortage has been made even worse by the Covid-19 pandemic. A study completed for the American Dental Association and the American Dental Hygiene Association found that 8 percent of dental hygienists have left the workforce during the pandemic, either because of exposure concerns or because of other issues like child care responsibilities.

One important strategy for closing the widening workforce gap is to increase the number of hygienists completing training programs and becoming licensed to care for patients. That's why WSDA has teamed with another organization concerned with better oral health outcomes for Washington residents, Delta Dental of Washington, to expand access to high-quality preventive dental care through growth of the dental workforce.

The rehoming of the highly regarded Shoreline dental hygienist program at the School of Dentistry is the first of what WSDA hopes will be a variety of strategies to grow the dental auxiliary workforce. WSDA member dentists from across the state are making donations to leverage a Delta Dental matching grant and provide much-needed funding for the ongoing success and growth of the program.





WSDA sees many other areas for collaboration between the association and the school, including other workforce initiatives, coordinated advocacy for public funding of dental care for low-income families, residency development, the Regional Initiatives in Dental Education program, and others.

"No single organization can solve workforce issue or the access-to-care problems in our state," Dr. Ulmer says. "We see the UW School of Dentistry, under the strategic direction of Dean Chiodo, as one of WSDA's key partners in tackling these issues."

WSDA President and UW dental alumna Dr. Ashley Ulmer



CLASS OF 1967

Dr. Chester Woodside, Seattle: Our class will celebrate our 55th year from graduation in 2022. Most of us are either 80 years of age or will be soon. Also, most have retired from active practice of dentistry and are spending most of our time arranging medical appointments, trips, boat excursions, video sessions with our grandkids or other things that "more mature" people attempt. Fortunately, there are many in our class who have kept in contact and we are able to provide social (psychological) support for each other as needed. The pandemic has interrupted our annual luncheons, but we hope to resume them when appropriate. It is always nice to compare accomplishments of our kids and grandkids complete with photos! There is a lot of political diversity in our class, which is a reflection of the national scene. But there is a bond that goes back to those Charlie Schroeder dental anatomy carving classes that tends to give us a commonality of suffering in a way but also pride in being graduates of one of the finest dental schools in the world at the time. It was hard getting through dental school in 1967!

CLASS OF 1979

Dr. H. Kirby Skavdahl, Kennewick,

Wash.: I sold my periodontal practice at almost 40 years to Dr. Abdulah Alkanen on July 31. He is a fantastic clinician and board certified. I am excited that the Tri-Cities has such a talented person to provide the many options that are available today for periodontal procedures. Besides enjoying my nine grandchildren, my next job is "ski instructor" at Sun Valley, Idaho. See you on the slopes!

CLASS OF 1992

Dr. Linda Edgar, Federal Way, **Wash.:** I have just completed a book called Thank You for Giving Me David, about my son's adoption. It can be ordered online at Target, Barnes and Noble, and Amazon, or just Google the title for the link to order. I have been encouraged to run for ADA president-elect in October 2022. I am currently serving as the Eleventh District Trustee (Alaska, Montana, Oregon, Idaho, and Washington). It will be a tough election, with candidates from larger districts in New York and possibly California, but I will do my best. We have only had two ADA presidents from our district, over 30 years ago, and we have never had an ADA president from Washington. My goal is to increase the value of ADA to our members and make a difference to our profession by "having the members' backs" like we did during Covid. I want to build an organization that non-members will want to be part of and members want to tell

others about.

CLASS OF 1990

Our Class of 1990 reunion in Santa Fe, N.M. in May was a fun-filled weekend touring the local flair and artworks. As well, we rallied for a great dayhiking trip to the Bandelier National Monument. Lots of time hanging out getting to update each other on our past and current lives. It was great to see all who could make it. Thanks to Greg and Kate for hosting the group in Santa Fe! We gathered again recently at the home of Christine Lentz-Sweeney for another Saturday night of great food and company. We would love to keep the connections going next year by trying to meet up again around the last part of July 2022. This time, more like Eastern Washington! – Beth O'Connor

CLASS OF 1991

We had our Class of 1991 hybrid reunion at my home on July 24. Eight classmates joined in person, then two joined us via Zoom. In the group photo are (from left): Bill Heath, Geri Senft Kern Crain, Doug Milner, Elizabeth Bell, Joe Cram Bryant, Paul Booth, Laura Konen Lee, and Carrie York. Diana Tolentino and Bill Lum joined us on Zoom. We watched our graduation slide show, which I had put on a CD in 2014 and later saved to a flash drive, so we had it playing on the TV and on the computer when we were not Zooming. – *Carrie York*

CLASS OF 2011

The Class of 2011 had a 10-year reunion on Aug. 20-21. On Friday night the class met at Tavern Hall in Bellevue. Some of their favorite faculty members attended with them, and it was a great time to socialize. On Saturday, the reunion met a Maggiano's for a more formal dinner. It was great to gather and catch up. -Oleg Shvartsur





















In Memoriam

DR. WESLEY B. STONE

CLASS OF 1954



Dr. Wesley **Beard Stone** died on Jan. 2, 2021 at age 93. He

dentistry for 52 years and enjoyed his numerous patients, many of whom became close family friends.

DR. M. PHILLIP **HUTSON**

CLASS OF 1956



Dr. M. Phillip Hutson died 12, 2021 in Puvallup. Wash. He

practiced dentistry for 46 years in Tacoma, Wash. After he retired, he volunteered at the local community college, helping patients who could not afford treatments. He was a long-standing member of the Pierce County Dental Society.

DR. LEONARD E. **LOFLIN**

CLASS OF 1956



Dr. Leonard **Ernest Loflin** died on June 26, 2021 surrounded by his family

at Village Green in Federal Way, Wash. He was 93. He practiced dentistry in Browns Point, Wash., for 55 years, retiring at age 83.

DR. PAUL D. PRICHARD

CLASS OF 1956



Dr. Paul David Prichard died on Aug. 20, 2021, surrounded by his family.

He was 88. The youngest graduate of the School of Dentistry when he received his DDS, he practiced in Aberdeen, Wash., until retiring in 2005. Active in community affairs, he served in the reserves for Grays County Sheriff's Office and then developed and led the Hoguiam Police Department Reserves for 31 years. He also served as Grays Harbor deputy coroner for 20 years, leading the dental identification program and computerizing the office.

DR. ROBERT L. DOTY

CLASS OF 1959



Dr. Robert Leroy "Bob" Doty of Mercer Island. Wash., passed away at his

home on Mercer Island, Wash., on Feb. 15, 2021. with his wife and beloved dog Lucy by his side. He was 88. He started his career in The Cobb building in downtown Seattle. Listed on the National Register of Historic Places, this was the West Coast's first building designed for physicians and dentists. He later moved his practice to Mercer Island and retired in 2019.

DR. FRED CHRISTEN

CLASS OF 1962



Dr. Fred Christen passed away peacefully on July 2, 2021 in Blaine, Wash., surrounded

by family. He was 87. He practiced for many years in Kent, Wash., before moving to Ellensburg, Wash., to farm. After many years of farming, he bought the Cook Creek Court in Kittitas, Wash., where he enjoyed overseeing improvements and lively conversations with residents.

DR. BERTHA BARRIGA

PEDIATRIC DENTISTRY **CLASS OF 1971**



Dr. Bertha Barriga, one of the early women dental graduates University of

Washington, passed away on Aug. 2, 2021 at her home in Seattle. She had a 42-year dental career in Seattle and was a part-time associate professor at the School of Dentistry. She was instrumental in helping the Law/Lewis Endowed Lectureship develop into a respected and well- attended annual event. After retiring in 2008, she was active in the **UW Retirement Association** and played the violin.

DR. STEPHEN W. **CHRISTENSEN**

CLASS OF 1971

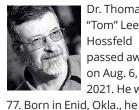


Dr. Stephen Wayne Christensen passed away of natural causes on Aug. 6, 2021

at his home in Ririe, Idaho. He was 75. He had a private dental practice in Rexburg, Idaho, for over 30 years. He finished his dental career in Alaska, where he worked for 10 years before retiring.

DR. THOMAS L. HOSSFELD

CLASS OF 1973



Dr. Thomas "Tom" Lee Hossfeld on Aug. 6, 2021. He was

earned an undergraduate degree at Northern Arizona University and went on to earn a teaching degree at the University of Washington. He taught math and science in junior high school before entering dental school, during which time he joined the Navy reserves. After his service, he began practice in Tucson, Ariz., where many of his patients became friends.



Mentors make a tremendous impact on our students. They demonstrate professional behavior and ethics. They give students real-world knowledge of dental practice that the classroom and even school clinic — can't always provide. They are a powerful force in directing the future of the dental profession.

DO YOU WANT TO MAKE A DIFFERENCE?

Contact Randy Newquist at the School of Dentistry: randyn@uw.edu.

SAVE THE DATE: The annual Dental Alumni/WSDA Mentor Reception will be held on Thursday, Feb. 25, 2021 from 6:30 to 8 p.m. in the Portage Bay area of the UW South Campus Center.

SPOTLIGHT COURSE

FRIDAY, SATURDAY AND/OR SUNDAY, **MARCH 11-13, 2022** (attend any day(s) or combination thereof)

Mastering Adult Minimal Sedation

Any day of this course will fulfill 7 hours of the CE required for providing sedation in your dental practice.

In recent years, the use of oral benzodiazepines such as triazolam and lorazepam (with or without nitrous oxide) for the diminution of perioperative anxiety and fear in dental patients has increased. State dental boards and provincial colleges, in response, have changed or developed new regulations outlining the training and equipment needed for in-office adult minimal oral and inhalational sedation. Although regulations for the provision of in-office adult minimal oral and inhalational sedation vary widely with respect to training and pharmacological strategies, consonance exists on the use of inherently safe drugs, the use of pulse oximetry, and the availability of emergency equipment including pharmacologic antagonists.

These dynamic lectures will cover both the science and art of adult minimal sedation in an interactive and engaging multimedia presentation. The pharmacological basis of therapeutics will be addressed, taking the principles of academia into the realm of clinical practice. Treatment strategies and

protocols will be discussed in a comprehensive, case-based approach.

Friday's course will cover adult minimal sedation, oral sedatives, patient monitoring, and safety along with minimal sedation regulations and other regulatory concerns. We plan to offer a virtual option to attend this course if you prefer or cannot attend in person.

Saturday's and Sunday's courses will cover nitrous oxide and oxygen pharmacology and various aspects of using nitrous oxide in the dental practice and will include work in the clinic using nitrous oxide equipment both days, plus further tips and tricks for further pain and anxiety control and the dental emergency kit. Due to the required clinical aspect of these two days, we plan to offer these two days only in person.

LOCATION: Friday, March 11 at Mountaineers Club in Seattle; Saturday and Sunday, March 12 and 13 at the University of Washington Health Sciences Center

TIME: 8:30 a.m. – 4:30 p.m. Pacific time each day

TUITION: \$449/dentist per day; \$299/ staff per day; \$404/current Dental Alumni Association member per day

INSTRUCTORS: Scott C. Dickinson, DMD; Mark Donaldson, BSP, RPH, PHARMD, FASHP, FACHE; Jason H. Goodchild, DMD

SCOTT C. DICKINSON received his dental degree from the University of Pennsylvania and extensive sedation training in the U.S. Army, including nitrous oxide and oxygen, oral and intravenous sedation techniques and performed the duties of both flight surgeon and general practicing dentist. He maintains an active general dental practice in Pensacola, Fla. and regularly uses sedation techniques to more comfortably treat his patients.

MARK DONALDSON received training in pharmacology from the University of British Columbia and a doctorate in clinical pharmacology from the University of Washington. He has spent the last 20 years focusing on dental pharmacology and dental therapeutics and is a leader in the field. He is currently the Associate Principal of Clinical Pharmacy for Vizient's Advisory Solutions and lives in Whitefish, Mont.

IASON GOODCHILD received his dental training from the University of Pennsylvania School of Dental Medicine. He is vice president of clinical affairs at Premier Dental Products Company, involved in developing innovative products and educating clinicians to improve clinical practice. Dr. Goodchild maintains a private general dental practice in Havertown, Pa.

CREDITS: 7 hours each day (21 hours total possible for attending all three days)

REGISTER ONLINE: Register on the UW CDE website: https://dental.washington.edu/ continuing-dental-education/

OTHER ONLINE COURSES

See additional course listings for more information and registration links on the UW CDE website: https://dental.washington. edu/continuing-dental-education/

For registration information, visit www.uwcde.com or call 206-543-5448.

SATURDAY, OCT. 16

Lasers in Restorative Dentistry – a live webinar

This course will present cases and techniques of lasers in restorative and periodontal therapy, as well as applications of diode lasers in endodontics.

SATURDAY, OCT. 23

Soft Tissue Pathology: Ten Most Common Oral Diseases (live webinar)

This course will present and discuss the most prevalent types of soft tissues found in today's dental practice. An opportunity to submit cases for additional discussion will be provided.







DON'T JUST STAND THERE. STAND HERE.

With a new curriculum and rising patient numbers, our School needs affiliate faculty volunteers more than ever.

There's never been a more exciting time to help shape the course of dental education at the UW. If you can give us a half-day a week or more, join our ranks and help create the next generation of outstanding Husky dentists!

For information on joining our affiliate faculty, please contact Christina Wee in our Dean's Office at cwee@uw.edu.



Dental Alumninews



UNIVERSITY OF WASHINGTON DENTAL ALUMNI ASSOCIATION

SCHOOL OF DENTISTRY B471 HEALTH SCIENCES BOX 357137, SEATTLE, WA 98195-7137

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Alumni calendar of events

SATURDAY, OCT. 12

UW School of Dentistry ADA Reception

5 – 7 p.m. Ri Ra Irish Pub Restaurant – Parlour Room Mandalay Bay Resort & Casino LAS VEGAS

SATURDAY, OCT. 16

Dental Alumni Football Event & Game

UW vs UCLA (Homecoming)
Time TBD
Pre-game Event in I Wing Rotunda
UW HEALTH SCIENCES CENTER

THURSDAY-SATURDAY, NOV. 11-13

Pacific Northwest Dental Conference

7:30 a.m. – 5:30 p.m. Washington State Convention Center SEATTLE

MONDAY, NOV. 15

Dental Alumni Full Board Meeting

6:30 – 8:30 p.m. Washington Athletic Club SEATTLE

SATURDAY, NOV. 20

Dean's Club Annual Dinner

6 – 9:30 p.m. Bell Harbor International Convention Center SEATTLE

