



*The 2020-2021 Newsletter of the University of Washington School of Dentistry
Office of Educational Partnerships and Diversity*

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Serving Our Community in the Time of COVID-19

The Office of Educational Partnerships and Diversity at the University of Washington School of Dentistry aims to improve the oral health and well-being of all people with a focus on the underserved. We work together with local communities, dental students, and faculty to build infrastructure to support dental student participation in underserved community outreach and to increase workforce diversity in the oral health professions. Outreach events include free oral health education, dental screening, and treatment. AmeriCorps members, students, faculty, and staff join forces to accomplish their endeavors of providing care. Though limited by the COVID-19 pandemic this year, we were able to deliver care at the South King County Health Fair in Auburn and Jubilee Reach in Bellevue, adapt the Health and Homelessness course to an online format, and continue our high school programs virtually.



Bahara Naimzadeh (UWSOD '21) checks a patient for fever at the South King County Health Fair

"When I would get bogged down in the thick of exams and studying, participating in outreach was an opportunity to remind myself why I had chosen dentistry to begin with. I feel honored to have been able to participate as an outreach coordinator with HSDA and am excited about the future as it sparked a passion for service that I know will carry me throughout my career."

- Bahara Naimzadeh (UWSOD '21)

South King County Health Fair in Auburn

In October 2020, dental students from the UW Chapter of the Hispanic Dental Association conducted their first outreach event since the COVID shutdown at the annual South King County Health Fair. Fourth-years Trayvon Foy and Bahara Naimzadeh (HSDA Officers) were the student leads. At this outdoor event, students provided dental screenings and referrals for walk-in patients as well as physical evaluations of patients to be seen on the Medical Teams International (MTI) Van. Collaborating with MTI, we served 35 individuals addressing their urgent care needs and questions about oral health.

"Participating in outreach is what brought me to dentistry, and it's what kept me going during my training. There were several instances where I felt discouraged and wanted to give up but, when I treated patients at outreach events it was the gentle reminder of why giving up was not an option. My experience in outreach events through the OPEd have allowed me to give back to underserved communities and was an integral part of my development into a culturally competent provider." - Trayvon Foy (UWSOD '21)



Trayvon Foy (UWSOD '21) advises a patient

Limitations to Clinical Outreach

The COVID-19 pandemic has affected our ability to provide care with all of our community partners for the past year. The South King County Health Fair was the first event where we implemented social distancing and COVID screening protocols to ensure the safety of our dental students, faculty, and patients.



Group photo at the South King County Health Fair



Panelists for the Neurotechnology Session: Courtnie Paschall (MD/PhD Candidate) and Usman Khan (UW Mechanical Engineering Student)

The Community Health Professions Academy (CHPA) Goes Virtual!

Recognizing a need for health professionals who come from underserved communities, CHPA was created in 2014 as Dental Academy and renamed CHPA in 2018 to help fill the gaps in culturally inclusive care. This year, CHPA hosted 35 underrepresented high school students from Washington for 8 weeks to explore and begin their journeys in the health professions. All scholars had opportunities to connect with professionals who spoke on panels about their experiences. They participated online in live hands-on activities with materials that were mailed to them. Scholars learned about the following health professional fields: Public Health, Dentistry, Medicine, Traditional Medicine, Nursing, and Neurotechnology. For more information, please contact OEPP at uwoepd@uw.edu.



A CHPA Scholar shows off her soap carving of teeth, accomplished by learning from online demonstrations

Transition to Online

Due to the COVID-19 pandemic, we have had to convert our in-person program in which our scholars came to campus and met in the dental school laboratory and transition to a virtual program over Zoom. Although the program operations have been different, our scholars have been enriched with the hands-on activities that we designed for them. Included in each session is a college preparation topic to introduce students, many of whom will be first-generation college graduates, to the expectations and rigors of college.



Left: A CHPA Scholar and her human anatomy model for Medicine Day. Right: A CHPA Scholar taking his blood pressure during Nursing Day.

The Dreamstarter Program

Funded by a grant from Billy Mills Running Strong for American Indian Youth, the Dreamstarter Program at the UW School of Dentistry started in October 2020 in what we hope will be a continuing program. The grant was awarded to fourth-year UW dental student, Lindsey Montileaux-Mabbutt (Oglala Lakota) and supported by the OEPD. Ten Native youth in Washington and California have had the opportunity to explore various health professions virtually through live hands-on activities, a college preparation session with a Native American Admissions Counselor from UW, and meetings with current Native health professionals in the fields of dentistry, medicine, traditional medicine, veterinary medicine, and nursing. The goal of the program is to inspire Native students to reach for careers in the health professions and to provide mentorship and support in pursuit of these dreams. Please contact OEPD at uwoepd@uw.edu for more information about the UW Dreamstarter Program.



Kaitlyn Benally (Navajo Veterinary Student), leads animal anatomy lesson



Left: Aspiring physicians Eilidh and Izzy (Old Harbor/Alaska Native). Right: D'viek (Duwamish) practices carving teeth on a bar of soap.



Dreamstarter Lindsey Montileaux-Mabbutt (UWSOD '21)

"I had a dream to increase Native representation in the healthcare professions. The program gave an introduction into health fields including public health, nursing, medicine, dentistry, veterinary medicine and included college preparation. I believe if we have an increase in Native healers our relatives will have better health outcomes."

Sticker logo for the program designed by UW pre-dental student Matthew Young (Navajo)



Health and Homelessness Course Connects Dental Students to Leaders in the Community

The Health and Homelessness Elective Course is run through the Office of Educational Partnerships and Diversity. Each quarter, 5 guests are interviewed by dental students in conversations about health policy, advocacy, Indigenous health, health equity, and more. All conversations are rooted in the importance of community-based care. This year, our dental student leads who are the main interviewers for the course are Deepak Sharma (UWSOD '22) and Katerina Behla (UWSOD '22). Due to COVID-19, the course has been adapted to a podcast format and we have been able to invite guests from across the country to share their experiences. Below you will find a list of our previous speakers and titles of our podcasts.

You can find a full playlist of our podcasts here: <https://web.microsoftstream.com/channel/f5aba8b9-e84d-4c7b-bf1c-9f6036990984> (UW Login required).

2020-2021 Speakers

FALL 2020

- Mary Jo Ybarra-Vega, MS, LMHC - Farm Worker Outreach and Behavioral Counselor in Quincy, WA
- Dr. LeRoy Horton (UWSOD '07) - Clinical Director at Affordable Dental Care in Covington, WA, Affiliate Faculty at UWSOD Oral Medicine
- Dr. Jimmy Grierson - Founder and Secretary at Safe Harbor Free Clinic in Stanwood, WA
- Della Norton and Dr. Matt Harnpadoungsataya - Special Olympics Washington in Seattle, WA
- Dr. Rachael Hogan (Dental Director at Swinomish Dental Clinic) and Dr. Jessica Hudson (Dentist at Lummi Tribal Health Center)

WINTER 2021

- Representative Marcus Riccelli - Washington House of Representatives, 3rd District
- Dr. Danielle Stimson-Kennedy (UWSOD '11) - Glacier Community Health Center in Cut Bank, MT
- Dr. Ji Choi - Chief Dental Officer at Columbia Basin Health Association in Othello, WA
- Dr. Burt Edelstein - Professor of Dental Medicine and Health Policy & Management at Columbia University in New York, NY
- Dr. Mark Koday - Northwest Dental Residency Director at Yakima Valley Farm Workers Clinic in Yakima, WA

SPRING 2021

- Dr. Alex Narvaez - Dental Director of Sea Mar Community Health Centers
- Katie Stoppler - Health and Wellness Manager at World Relief in Kent, WA
- Dr. Alice Nunes (UWSOD '12) and Savannah Bonorden, DHAT - Southeast Alaska Regional Health Consortium in Sitka, AK
- Dr. Chris Delecki - Former Director at Odessa Brown Children's Clinic Dental Program in Seattle, WA
- Colleen Echo-Hawk (Executive Director) and Derrick Belgarde (Deputy Director) - Chief Seattle Club in Seattle, WA



Student Leads Jackie Bollinger (UWSOD '22) and Diana Flores (UWSOD '23) discuss strategy for the day

Seattle King County Dental Society at Jubilee Reach

In a new partnership with the Seattle-King County Dental Foundation, Seattle King County Dental Society, and Medical Teams International (MTI), the UWSOD Hispanic Student Dental Association organized their first outreach event of 2021 at Jubilee Reach in Bellevue. Jubilee Reach serves hundreds of underserved residents in the area, providing many social services. At this two-day event on April 24 and 25, 40 dental students and 8 faculty members volunteered and served 48 patients with various dental needs. Led by dental student Jackie Bollinger (UWSOD '22) and Diana Flores (UWSOD '23) and Marlene Gonzales (UWSOD '23), students participated in the first event since the COVID shutdown where they could provide cleanings and extractions and other urgent care.

"Community involvement is something that has always been very important to me. My family always seemed to be involved in community projects/events growing up, and I always wanted to do the same. Doing outreach through the OEPD is one of the most impactful ways to stay active in the community to me because I immediately see the result of the patients I have the opportunity to serve." - Jackie Bollinger (UWSOD '22)

After a Year in Storage...

For our first clinical care outreach event of 2021, students prepared Aseptico portable units, organized instruments and updated consumables acquired with support of grants and donations from Aseptico, Arcora Foundation, Seattle King County Dental Society and private donors. Dental student leaders Kaleigh Daniel (UWSOD '21), Isaac So (UWSOD '21), Nousha Panahpour Eslami (UWSOD '21) and Jackie Bollinger (UWSOD '22) have developed protocols and trained others for maintaining inventory and setting up and breaking down units on site prior to and at the end of each event.



Students preparing the portable Aseptico units and other materials for outreach

Scenes and Reflections from Jubilee Reach Outreach



MTI Vans arrive at Jubilee Reach



Getting ready for set up



Welcome by Randy Eng, Executive Director of Jubilee Reach



Dr. Randy Ogata (Executive Director of Seattle King County Dental Society and Seattle King County Dental Foundation) strategizes with the AmeriCorps team



Nayibe, Connie and Julie from MTI welcome the group



Early morning huddle on Sunday led by Dr. Beatrice Gandara (Oral Medicine, Director OEPD)



Student lead Marlene Gonzales (UWSOD '23) gives instructions for the day on Sunday

"Outreach is not only a great way to serve and build our communities but it is also a way for us to gain fundamental experiences, find our purpose and source of joy. Outreach has exposed me to other cultures and struggles and has taught me the value in giving back."
- Marlene Gonzales (UWSOD '23)



Dr. Luis Acevedo (UWSOD '14, Affiliate RIDE Faculty) addresses students on Saturday morning



Welcome table set up with Montana Hagstrom, Diana Flores (UWSOD '23), and Chelsea Stone (OEPD)



Awa Seck (UWSOD '22) and Savannah Schumacher (UWSOD '24) ready to examine patients at the triage station

"What I find most rewarding is being able to engage with members of the communities, getting to know more about specific needs and resources present to support them, sharing and imparting knowledge, and easing some of the worry or apprehension that individuals can have."
- Awa Seck (UWSOD '22)



Kerry O'Bannon (UWSOD '23) takes a radiograph under the supervision of Dr. Kim Espinoza (Oral Medicine)



Karyl-Lin Yamakawa (UWSOD '22), Dr. James Newman (Restorative), Claire Russell (UWSOD '22), and Dr. Gurpreet Kaur (UWSOD '19) discuss a patient



Operatory area with 3 working chairs and portable dental units



Paul Kim (UWSOD '22), Sierra Broker (UWSOD '23), and Dr. Acevedo (UWSOD '14) provide care



Dr. Nhi Pham (UWSOD '99, Affiliate Faculty, Oral Medicine) discusses a patient with students Harnoor Mahal (UWSOD '24) and Andrew Nordlie (UWSOD '22)

"The opportunity to serve through dental outreach has fulfilled my heart in a special way. To put my amazing UWSOD education and training into action volunteering and mentoring has truly been fulfilling for me. Dentistry is an opportunity for me to connect with others and my community in a meaningful way. Amazing things can happen when we invest in the lives and smiles of others."

- Dr. Nhi Pham (UWSOD '99)



Claire Russell (UWSOD '22) interprets for a patient

"Volunteering and outreach have always been important to me. We are so lucky to be able to go to school and train for the profession of our choice, but the best part is that we have a special ability to help others be free of pain and discomfort. I am so thankful for where I am now, and outreach is the best way to show thanks."

- Claire B. Russell (UWSOD '22)

"I enjoy outreach because I am exposed to a new experience of serving others who otherwise would have issues to accessing dental care. It feels good being able to help someone feel more confident in their smile and their oral health. In addition, I enjoy practicing my Spanish and being immersed in a new cultural setting."

- Kim Bernales (UWSOD '23)



Kim Bernales (UWSOD '23) viewed through a window providing care

"As a first-year dental student, I mainly assisted and performed head and neck exams. I distinctly remember, while seeing my first patient and answering her questions, a sense of comradery with my peers in serving these patients. Serving at the event, I was incredibly proud to be a Husky and felt that all my hard work this past year was validated. It is in outreach events like this, where we apply our knowledge and training to help people in need, that I am reminded of why I chose to join the dental profession."

- Michael Guyumdzhyan (UWSOD '24)



Dr. John Yae (UWSOD '87, Affiliate Faculty, Restorative) supervises Dayton Oki (UWSOD '22) as Diala Sellk and Michael Guyumdzhyan (UWSOD '24) observe

"Dental outreach has been such a rewarding part of my dental career and my life. It is a chance to not worry about all of the other complications of dentistry, such as insurance reimbursements, managing staff, the hygiene shortage, etc., and just focus on helping people. Being able to help people is why we all decided on dentistry in the first place and outreach allows me to re-center myself around this core principle. I truly enjoy supporting my community, especially the underserved and those who need it the most, and I recommend everyone in dentistry participate in outreach to enrich their lives and the lives of their patients."

- Dr. Austin Baruffi (recent President of Seattle King County Dental Society)



Dr. Josephine Lee (UWSOD '92), Nayibe (MTI Van Manager), and Dr. Austin Baruffi (Affiliate Faculty, Oral Medicine) on the MTI Van



Day 1 volunteers at Jubilee Reach



Dental Students Join the UW Health Sciences COVID Task Force!

The Washington State Department of Health allowed dentists for the first time to provide vaccinations to meet the demand for COVID vaccinations earlier this Spring. Dental students and faculty at UWSOD underwent online and in-person training to administer COVID vaccines. They stepped up to join the Health Sciences COVID Task Force, a consortium of Health Sciences students from all the health disciplines volunteering in the community for multiple clinics at ShoWare Center. Participation of dental students in vaccination outreach is organized by Chelsea Stone in OEPD with student leadership by Karyl-lin Yamakawa (UWSOD '22).

Karyl-lin, Awa and Courtney (UWSOD '22) fight COVID 19 at vaccination clinic at ShoWare Center in Kent

Upcoming Events

Clinical Outreach:

- Vaccination Clinic in Renton on July 10
- Pasifika Dental Outreach in Renton on July 17/18
- South King County Health Fair in Kent on August 7
- Union Gospel Mission Outreach resumes in August

Pipeline Programs:

- Na-ha-shnee STEAM Summer Institute - a program for Native high school students to learn about health sciences and STEAM careers (hosted by WSU) on June 30
- UW Dare to Dream - a program for students from migrant farmworker families to explore college on July 7
- UW Making Connections - a college-readiness program for underserved students and their families in the greater Puget Sound area TBD

Interested in getting involved? Contact us at uwoepd@uw.edu.



Andrew Andrino (UWSOD '22) and Emmy Park (UWSOD '24) on the MTI van

Migrant Farmworker Outreach in Burlington

Working with Community Health Workers from SeaMar and MTI, dental students from the UW HSDA traveled directly to a Burlington farm and provided services for their migrant farmworkers. Under the supervision of Dr. Austin Mesina (Affiliate Faculty, Oral Medicine, UWSOD '16), 7 patients were seen on the MTI van on June 18 while many more received oral hygiene instruction and fluoride application.



Dental student volunteers at the Migrant Farmworker Outreach in Burlington with Dr. Austin Mesina (UWSOD '16, far left)



Dr. Ashland Doomes (far left) with dental student volunteers at the Juneteenth Freedom Day event in Seattle

Dental Students Celebrate Juneteenth with Service

On June 19, dental students from the UW Chapter of the Student National Dental Association (SNDA) led by Awa Seck (UWSOD '22) and the American Student Dental Association (ASDA) volunteered at the Freedom Day Festival under the direction of Dr. Ashland Doomes (Faculty, Oral Medicine) to provide dental care, information, and oral health supplies to members of the South Seattle community. In partnership with MTI, there were 10 examinations/treatments and 88 total encounters with individuals and families at our education booth.

Masterpieces by Future Dentists in the Summer Health Professions Education Program (SHPEP)



In SHPEP, the OEPD supported online hands-on dental activities, including a soap carving activity designed by Lindsey Montileaux-Mabbutt (UWSOD '21). Dr. Sue Coldwell and Dr. Doug Jackson are co-directors of the Dental Pathway. The program includes 85 students who are interested in public health, medicine, or dentistry.

Class of 2023 Leads at Jubilee Reach



Dr. Kim Espinoza (Oral Medicine) and Trevor Millward (UWSOD '23) set up the radiology station



Class of 2023 Leaders (left to right): Trevor Millward, Danie Davis, Sierra Broker, Hara Chin, Kim Bernales, and Diana Flores



Diala Sellk (UWSOD '24) takes a patient's blood pressure at Jubilee Reach

Acknowledgments

Thank you to the many community members, students, faculty, and staff that make UWSOD community outreach possible. We can't do it without you! Special thanks to the Arcora Foundation, DentaQuest, Seattle King County Dental Society, Aseptico, Mark Konings, Paige Chernow, the Benton-Franklin Dental Society, Dr. Sara Gordon, and Dr. Sue Coldwell for your continued support.

Ways to support UWSOD Community Outreach:

Donate online to the Access to Care Fund:

dental.washington.edu/oepd/

Donate with a check:

Access to Care

UW School of Dentistry Box 357137
Seattle, WA 98195

Other Giving Methods:

Contact Dentistry Advancement: uwsod@uw.edu

Current AmeriCorps Members at the OEPD!



AmeriCorps

AmeriCorps Members provide operational support to the various programs of the OEPD.

Montana Hagstrom (right)

Montana graduated in the spring of 2020 from the University of Washington with a degree in Biochemistry. She hopes to open her own orthodontics practice in the future.

Jessica Luong (left)

Jessica graduated from Whitman College with a degree in Sociology. She is from Honolulu, HI and will be pursuing her Master's in Public Health at UW in the fall.



Packaged boxes with hands-on activities ready to ship to our high school scholars