

# WORKSHEET

## Beyond the Chair: Real-world Solutions for the Staffing Challenges in Dentistry

### **Section: Laying the Foundation for Success**

Describe your future culture. What changes would you make from how it is done today?

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### **Section: Employee Recruitment and Retention**

Does your onboarding process need some improvements? If so, what would you change?

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## Planning your Ideal Workday

Use this space to plan your ideal workday from wake up to bedtime. Include as many or as few details as you want. Be honest with yourself about what you would like in an IDEAL workday and your IDEAL morning and evening routines.

My IDEAL morning before work includes... \_\_\_\_\_

\_\_\_\_\_

My IDEAL first block of work time includes... \_\_\_\_\_

\_\_\_\_\_

My IDEAL second block of work time includes... \_\_\_\_\_

\_\_\_\_\_

After work hours, my IDEAL evening includes... \_\_\_\_\_

\_\_\_\_\_

Think of your ideal workday as a blueprint for success. It's essential to align this vision with your personal and professional goals, making them SMART and in sync with your office KPIs. Consider how your activities outside of work can support your objectives within the office. Prioritizing your time before and after work based on your ideal day can significantly impact your effectiveness and satisfaction. By integrating your daily routine with your broader goals, you're setting the stage for a more productive and fulfilling work experience. Let's use this framework to build a roadmap for achievement that respects both our individual needs and our collective mission