Oral Health Fact Sheets for Adults and Children
with Mild-Moderate Special Health Care Needs
University of Washington Department of Oral Medicine/DECOD Program
Washington State Department of Health – Oral Health Program

- **Content Development**
  - Focus Groups: Dental, Medical/Nursing, Public and Community Health programs, Children with Special Health Care Needs (CSHCN) Coordinators, Parents/Caregivers
  - Literature review
  - Expert input and review:
    - Pediatric, Public Health and trained Special Needs Dentists and Dental Hygienists
    - Pediatricians and Family Practice Physicians
    - WA State Oral Health and Maternal Child Health programs; Grant Advisory Group
    - Health Care Administrative Professionals

- **Target Audiences**
  - Medical Professionals (Child focused, also useful for Adults)
  - Dental Professionals (Children and Adults)
  - Parents/Caregivers (Child focused, also useful for Adults)

- **Fact Sheet Types (for each of the three Target Audiences)**
  - Anxiety and Depression
  - Asthma and Allergies
  - Attention Deficit Disorders and Attention Deficit Hyperactivity Disorder (ADD, ADHD)
  - Autism Spectrum Disorders
  - Cerebral Palsy
  - Cleft Lip and Palate
  - Congenital Cardiac Disorders
  - Down syndrome
  - Diabetes Type 1 and Type 2
  - Eating Disorders: Anorexia, Bulimia
  - Epilepsy
  - Hearing Impaired
  - HIV+
  - Traumatic Brain Injury
    - Dental Professionals only: Child Abuse/Neglect, Anticipatory Guidance, Intellectual Disabilities
    - Medical Professionals only: Anticipatory Guidance
    - Parents/Caregivers only: General Dental Information for Parents/Caregivers including Spanish version

- **Dental Professional Fact Sheet Contents (Medical Fact Sheets are similar)**
  - ICD 9 code and Prevalence rate
  - Manifestations: General Clinical and Oral; Other Potential Disorders/Concerns
  - Related Disorders with Dental Treatment Implications
  - Medication Management: Type, Side Effects, Drug Interactions
  - Behavioral Management: Guidance—Before, during and future appointments
  - Dental Treatment and Prevention
  - Considerations due to associated medical conditions

- **References:** Peer reviewed journals (>3) and evidence based (as possible), >50% prior 5 years
- **Resources**
  - NIH institute for condition and National Oral Health Information Clearing House/NIDCR/NIH; Organizations:
    - American Association of Pediatric Dentistry, American Association of Pediatrics, Maternal Child Health Bureau,
    - Association of State and Territorial Dental Directors and Block Oral Disease MA and Free CDE


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