Oral Health Fact Sheets for Adults and Children with Mild-Moderate Special Health Care Needs University of Washington Department of Oral Medicine/DECOD Program Washington State Department of Health - Oral Health Program

Content Development

- Focus Groups: Dental, Medical/Nursing, Public and Community Health programs, Children with Special Health Care Needs (CSHCN) Coordinators, Parents/Caregivers
- Literature review
- **Expert input and review:**
 - Pediatric, Public Health and trained Special Needs Dentists and Dental Hygienists
 - **Pediatricians and Family Practice Physicians**
 - WA State Oral Health and Maternal Child Health programs; Grant Advisory Group
 - **Health Care Administrative Professionals**

Target Audiences

- Medical Professionals (Child focused, also useful for Adults)
- **Dental Professionals (Children and Adults)**
- Parents/Caregivers (Child focused, also useful for Adults)

Fact Sheet Types (for each of the three Target Audiences)

Anxiety and Depression

Asthma and Allergies

Attention Deficit Disorders and Attention Deficit Hyperactivity Disorder (ADD, ADHD)

Autism Spectrum Disorders

Cerebral Palsy

Cleft Lip and Palate

Congenital Cardiac Disorders

Down syndrome

Diabetes Type 1 and Type 2

Eating Disorders: Anorexia, Bulimia

Epilepsy

Hearing Impaired

HIV+

Traumatic Brain Injury

Dental Professionals only: Child Abuse/Neglect, Anticipatory Guidance, Intellectual Disabilities

Medical Professionals only: Anticipatory Guidance

Parents/Caregivers only: General Dental Information for Parents/Caregivers including Spanish version

Dental Professional Fact Sheet Contents (Medical Fact Sheets are similar)

- ICD 9 code and Prevalence rate
- Manifestations: General Clinical and Oral; Other Potential Disorders/Concerns
- **Related Disorders with Dental Treatment Implications**
- Medication Management: Type, Side Effects, Drug Interactions
- Behavioral Management: Guidance—Before, during and future appointments
- **Dental Treatment and Prevention**
- Considerations due to associated medical conditions
- References: Peer reviewed journals (>3) and evidence based (as possible), >50% prior 5 years

Resources

NIH institute for condition and National Oral Health Information Clearing House/NIDCR/NIH; Organizations: American Association of Pediatric Dentistry, American Association of Pediatrics, Maternal Child Health Bureau, Association of State and Territorial Dental Directors and Block Oral Disease MA and Free CDE

http://dental.washington.edu/departments/omed/decod/special needs facts.php

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